

The Neighborly News will not be distributed during the week of November 23, due to the Thanksgiving holiday. It will return on Friday, November 30.



ILLINOIS  
UNIVERSITY OF ILLINOIS AT URBANA-CHAMPAIGN

# Neighborly News

Family Housing Council

Vol. 33 Iss. 46 • November 16, 2007



## Weekly Reminders

### Saturday, November 17

Sewing Room 10am at LRC  
Tae Bo 10am at CC  
Free Swim Noon-8pm at Freer Pool

### Monday, November 19

International Friendship Group 1:30pm at LRC  
Meijer Trip 5:45pm at FGH  
Presentation & Research Skills Workshop 6pm at FGH  
Book Club 6:30pm at CC

### Tuesday, November 20

Parent/Child Playgroup 10am at FRC  
Cooking Club 2pm at CC

### Thursday, November 22

Thanksgiving

### Saturday, November 24

Sewing Room 10am at LRC

### Pest Control:

There will be no pest control scheduled for the week of November 19 because of the holiday. To request treatment, visit the website below.

### Submit Maintenance Requests to:

<http://iservice.housing.uiuc.edu>

### FHC Monthly Public Meeting

Our next meeting will be Friday, November 30 at 5:45pm at the CC. Join us for snacks and drinks. All residents are welcome.

## Closing Laundry Building Doors

Now that the weather is colder, it is even more important to keep the doors to the laundry buildings closed at all times. Propping open the door not only makes it easy for someone who does not belong in the laundry room to come in (and this is a continual problem), but it also results in a very cold place to work.

Please be considerate of your neighbors, who are entitled to find the laundry space comfortable to be in. Use your key to reenter the building rather than leaving the door open, and remember to always close the door when you leave the building.

## Letters Home

Writing and receiving letters can be a fun way to keep in touch with family and friends. Bring your address book to the **Community Center on Monday, November 26 at 6:30pm** as we write letters home. All you need to do is show up, and we will provide paper, pens, and envelopes. We will even send the letters for you! Refreshments will be provided and there is no cost for this event. If you have any questions, please contact Carie at [cbiresc2@uiuc.edu](mailto:cbiresc2@uiuc.edu).

## Tuscola Shopping Trip

Join the Community Aides for a trip to the Tanger Outlet Mall in Tuscola on **Saturday, November 17**. We will be leaving from the **Family & Graduate Housing Office at 10am** and will be back by 4pm. The Tanger Outlet Mall is not an indoor mall, so wear comfortable and weather-appropriate clothing for walking from shop to shop. To learn more about the shopping you can expect at the Tuscola Mall, visit the Tanger website at [www.tangeroutlet.com/tuscola](http://www.tangeroutlet.com/tuscola).

## Logo Design Competition: EXTENDED DEADLINE

Come up with the logo for the Family Housing Council (FHC) and win a \$50 gift card!

Do you want to earn the appreciation of your community and a \$50 gift card? Let your creativity flow and come up with a logo that is fun and reflects the connection of the Council with the University of Illinois. Please do not use any pictures in your designs.

If interested, please send your submissions to [familyhousingcouncil@yahoo.com](mailto:familyhousingcouncil@yahoo.com) by **Saturday, November 24** and be prepared to supply a design format file if you are chosen as the winner in the November 30 FHC meeting at 5:45pm at the Community Center. We are looking forward to receiving designs from both residents and nonresidents! For additional information on the Family Housing Council, please visit <http://www.odfhc.org/>.



# Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at [famhous@uiuc.edu](mailto:famhous@uiuc.edu) or 333-5656.

## Social Hour

Would you like to meet new people? Come to the Orchard Downs Social Hour on **Friday, November 30** from **7:30–9:30pm** at Murphy's Pub on 604 East Green Street. This is a great opportunity to mix and mingle with your neighbors and have some fun. At Murphy's, you can order food and drinks and play billiards and cards, so be sure to bring some money with you. You must be 19 years of age or older to enter Murphy's. We will leave from the FGH Office bus stop on the MTD bus at **7pm**. You may also feel free to drive your own car and meet us there. If you have any questions or would like to register for this event, please contact Carie at [cbiresc2@uiuc.edu](mailto:cbiresc2@uiuc.edu) or Samantha at [kunze@uiuc.edu](mailto:kunze@uiuc.edu). Hope to see you there!

## Movie and a Snack: Hanukkah

This year, the Jewish holiday of Hanukkah begins at sundown on Tuesday, December 4, and ends at nightfall on Wednesday, December 12. In honor of this "Festival of Lights" we will be showing a documentary about the holiday and making latkes, which are potato pancakes traditionally served during Hanukkah. Join us on **Saturday, December 3** from **1–4pm** at the **Family Resource Center** for this fun and informative event. If you have any questions, please contact Carie at [cbiresc2@uiuc.edu](mailto:cbiresc2@uiuc.edu) or Amanda at [amandaj@uiuc.edu](mailto:amandaj@uiuc.edu). Hope to see you there!

## No Spanish-English Coffee Club This Week

Spanish-English Coffee Club is cancelled for November 22 because of the Thanksgiving Holiday. If you have questions, please contact Amanda at 333-5656 or [amandaj@uiuc.edu](mailto:amandaj@uiuc.edu).

## Parent/Child Playgroup

This weekly playgroup will be held **Tuesdays every week this semester from 10–11:30am** at the **Family Resource Center (apartment 1834-A)**. Playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Children should be 5 years old or younger. If you have questions, contact Amanda at 333-5656 or [amandaj@uiuc.edu](mailto:amandaj@uiuc.edu).

## Cooking Club

Do you like to try new recipes and eat good food? Then Cooking Club is for you! Feel free to participate in the cooking or just watch, and then we'll all eat! Cooking Club will meet on **Tuesdays from 2–3pm every week this fall semester** at the **Community Center**. If you are in town, please join us at Cooking Club during Fall Break. Two very special guests, Bruce and Elaine Johnson (Amanda's grandparents), will demonstrate how to make Swedish-style pancakes with lingonberries! Children are always welcome; however, no child care assistance is available. Parents are responsible for the supervision and safety of their children. If you have questions, please contact Amanda at 333-5656 or [amandaj@uiuc.edu](mailto:amandaj@uiuc.edu).

## How to Buy a Home

Do you want to know how to buy a house for your family? The Family Housing Council invites you to attend this informative workshop which will be held in the **Community Center** on **Saturday, November 17** from **10am to noon**. Cookies and drinks will be provided. We will also have a raffle at the end of the workshop with many wonderful prizes. Just attend the event and you will be entered to win one of the prizes.

## Book Club

If you are interested in joining Book Club, please email Carie at [cbiresc2@uiuc.edu](mailto:cbiresc2@uiuc.edu) as soon as possible. The next meeting will be on **Monday, November 19** at **6:30pm** at the **Community Center**. At this meeting, we will be distributing the book selection (There are No Children Here by Alex Kotlowitz) and making plans for our next meeting. If you cannot attend, but would still like to be included, please email Carie to reserve a copy of the book. Hope to see you there!

## Meijer Shopping Trips

Orchard Downs residents will board the bus at **Family & Graduate Housing Office** at **5:45pm** to go directly to Meijer for shopping. **Monday, November 19; Thursday, December 6; and Tuesday, December 18** are the upcoming scheduled Meijer shopping trip dates. Shopping trips and other program information is available for easy viewing through our web calendar at <http://webtools.uiuc.edu/calendar/Calendar?callId=954>.

## International Friendship Group

Are you interested in getting to know others in the community? Do you like to do arts and crafts? Join us for our weekly International Friendship Group held on **Mondays every week this fall semester from 1:30–2:30pm** in the **Learning Resource Center (apartment 2044-A)**. Children are welcome but no child care assistance is available. Parents are responsible for the supervision and safety of their children. If you have questions, contact Amanda at 333-5656 or [amandaj@uiuc.edu](mailto:amandaj@uiuc.edu).



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## Spurlock Museum: Learning Center Open Hours

On **Saturday, November 17** from **1-4pm**, visit the Spurlock Museum for the Learning Center open hours. Bring the whole family to explore the world with hands-on artifacts, games, DVDs, books, and more! Open hours are held the third Saturday of each month. Admission is free, but donations are appreciated. The Spurlock Museum is located at 600 S. Gregory Street in Urbana. For more information, visit [www.spurlock.uiuc.edu](http://www.spurlock.uiuc.edu).

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## Family Funfare at the Urbana Free Library

On selected Thursdays throughout the month (except Thanksgiving Day), the **Urbana Free Library** holds a “Family Funfare” for children of all ages with an adult. In this multimedia story time, books, stories, songs, and more are all part of the fun! Registration is not required. The next Family Funfare is scheduled for **Thursday, November 29** from **10:30-11am**. The library is located at 210 West Green Street in Urbana. For more information, visit <http://urbanafreelibrary.org/index.html>.

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## Share Your Custom in the NN

Would you like to share your culture with other residents? The Neighborly News is interested in hearing about a special custom from your hometown or home country (such as a festival, holiday, or food-related or musical tradition). We will print submissions in future newsletters as space allows. Submissions should be no longer than 100 words, and can be sent to [elukehar@uiuc.edu](mailto:elukehar@uiuc.edu). We reserve the right to edit for length and clarity.

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## English Language Expressions: Food Idioms

Apple of one's eye: Someone or something that one likes a lot. “The little girl is the apple of her grandfather's eye.”

Cry over spilled milk: Cry or complain about something that has already happened. “Don't cry over spilled milk. You can't do anything to change the past.”

Have one's cake and eat it too: To reap the benefits of two contrasting decisions. “My brother wants a serious girlfriend but also wants to date around. He'd like to have his cake and eat it too.”

Out to lunch: Crazy, clueless. “The old man was out to lunch; he could not remember his own name.”

In a nutshell: Briefly, in a few words. “At our meeting, they discussed the future plans of the company in a nutshell.”

Cup of tea: Something one enjoys or does well. “Going to a museum is not my cup of tea so I think I'll stay home tonight.”

Butter up: Flatter someone to try to get their favor or friendship. “He is trying to butter up the boss so he won't have to work this Saturday.”

Piece of cake: Something done very easily. “I thought the test was going to be difficult, but it turned out to be a piece of cake.”

Spill the beans: To reveal a secret. “My friend's birthday party was supposed to be a surprise, but someone spilled the beans and told her our plans.”



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### **What is the FHC?**

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

### **Space Managers**

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# MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents.

## **Planned Parenthood**

This service provides sexual and reproductive health care **every second Wednesday of the month** from 6-8pm.

## **Mobile Programs & Services**

Mobile programs and services are a wide variety of affordable programs offered by Champaign-Urbana Public Health District (CUPHD) to meet residents' health care needs. This mobile program will be offered **once every month on a Thursday** from 2-4 pm on the **South Laundry parking lot closest to the MCHC**. This mobile program will be offered on the following **Thursdays** from 2-4pm: **November 29 and December 20**. Some of the services that will be offered include Illinois Diabetes Control Program, Illinois Breast and Cervical Cancer Programs, HIV/STD screening, smoking cessation information, disease management education, blood pressure checks, referrals into other programs, and Immunizations. For details, contact Lin Yang at [linyang3@uiuc.edu](mailto:linyang3@uiuc.edu).

## **Women, Infants and Children (WIC)**

This program will be offered every other **Friday afternoon** from 1-4pm at the **Multicultural Health Center**. These services are provided for women, infants and children, and are offered by the Champaign Urbana Public Health District. Some of the services provided to WIC participants include supplemental nutritious foods, nutrition education and counseling, screening and referrals for other health services, welfare, and social services. For more information, contact Lin Yang at [linyang3@uiuc.edu](mailto:linyang3@uiuc.edu).

## **Thursday Clinic Services**

The Champaign County Christian Health Center (CCCHC) offers clinic services on the **second and fourth Thursday evenings of the month** from 6-9pm. The clinic will be staffed with a physician and/or a nurse practitioner. The HeRMES group provides services on the **first and third Thursday evenings of the month** from 6-9pm. Nurses, nutritionists, and other health care professionals are also available during this time. For more information, contact Lin Yang at [linyang3@uiuc.edu](mailto:linyang3@uiuc.edu).

## **NEIGHBORLY NEWS**

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