



Neighborhoodly News



Family Housing Council— <http://www.odfhc.org>

Vol. 36 Iss. 40 • October 2, 2009

Weekly Reminders

FHC Monthly Public Meeting

The next FHC meeting will be Friday, October 30 at 5:45pm in the CC. Join us for pizza and refreshments. All residents are welcome.

Saturday, October 3

Sewing Room 10am at LRC (2044-A)

Sunday, October 4

Stress Management Workshop 3pm at CC

Monday, October 5

Cooking Club 2pm at CC

Wednesday, October 7

Craft Club 1pm at LRC

Thursday, October 8

Playgroup 10am at FRC
Krannert Uncorked 4:30pm at FGH

Saturday, October 10

Sewing Room 10am at LRC (2044-A)
International Food Fest 1pm at CC

Pest Control:

During the month of October, Orchard Downs 2040-2087 will be treated. Twenty-four-hour advance notice will be provided prior to treatment. Please move large items away from the walls and remove items on or around windows. To request treatment, visit the website below.

Submit Maintenance Requests to:

<http://iservice.housing.illinois.edu>

Study Room

Apartment 2102-104

Orchard Downs Computer Lab

Orchard Downs has a computer lab located at 2030A. Residents of Orchard Downs may access the computer lab with their laundry key. Residents with a University login are eligible to use the computer labs. The computer lab is open 22 hours a day (closed between 5 a.m. to 7 a.m.). We have staff in the computer lab from Sunday through Thursday during 7 to 11 p.m. during the spring and fall semesters.

Our fast computers, software library, and high resolution laser printers can be important resources for residents. The computer lab is equipped with 15 computers (Windows XP), a black and white laser printer, photocopier, and a scanner. Residents are responsible for the supervision of their children in the computer lab and are expected to follow all computer lab guidelines as posted. If someone forgets their articles in the computer lab they may ask computer consultants during their duty hours or may check at the "Lost and Found" in the Family & Graduate Housing office. However, we are not responsible for lost articles.

Free Car & Bike Wash

Get your car and bike washed for free! **Friday, October 2, from 3 to 6 p.m.** The Family Housing Council along with the University of Illinois Student Alumni Ambassadors will offer free car and bike washes at any of the two Orchard Downs laundry units.

iHelp is a volunteer project organized by the Student Alumni Ambassadors that unites more than 1,200 undergraduate and graduate students. They will provide all the supplies needed and volunteers to make sure you can get your ride nice and clean. Please register by sending an email to Caroline Morais at cmorais@iit.edu with "Car and Bike Wash" as the subject, your name, and telephone number so that we can call you a few minutes before your turn. Save the day and time and have a clean ride!

Intermediate English Class at Orchard Downs

A new upper intermediate English class is starting on Tuesday, October 6 and will run through November 17 at Orchard Downs. The class will meet at the **Learning Resource Center** in 2044-A Orchard Street on **Tuesdays from 8 to 9:30 p.m.** The class will focus on culture and conversation. For more details, please contact Annette Buckmaster at Annette.buckmaster@gmail.com.



Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at famhous@uiuc.edu or 333-5656.

Sewing Room

The Family Housing Council would like to thank all residents who actively use the sewing room and to encourage those who have not been there yet to stop by during the scheduled hours. It's a great opportunity for all residents to take advantage of the space and sewing equipment and supplies. The Sewing Room is open **every Saturday from 10 a.m. to noon** in the **Learning Resource Center at 2044-A**. Sewing machines and other equipment, including scissors, pins, measuring tapes, and thread, are available for the use of all residents. No appointment is necessary—just drop on by! Contact Sewing Room Monitor Feifei Zhan at sewinguiuc@gmail.com if you have any questions.

Welcome to the World

At Family & Graduate Housing, we consider babies to be a joy! For this reason, we would like to welcome your newborn into the Orchard Downs community with a small complimentary gift package. This is our way of saying, "Welcome to the World!" If you have recently welcomed a new baby into your family, please contact the Family & Graduate Housing office.

Baby Einstein Video Series

Are you looking for new and fun ways to entertain your infant and toddler? Then we have the answer for you—the Baby Einstein Video Series. Each video explores a new and exciting topic, such as music, nature, and colors, which will hold your child's attention. Each topic is presented using music, puppets, and other visual images. You can come to borrow a video at the Family & Graduate Housing office. If you have any questions, please contact the Family & Graduate Housing office.

Little Touch Leap Pad

Do you have a child 6–36 months old? Are you looking for new ways to entertain and educate your child? Then Little Touch Leap Pad is for you. Little Touch Leap Pad introduces your child to the ABCs, letter sounds, numbers, shapes, and colors. Family & Graduate Housing has purchased one Little Touch Leap Pad for residents to check out for up to one week. If you have any questions, please contact the Family & Graduate Housing office.

Parent-Child Playgroup

This weekly playgroup meets on **Thursdays at 10 a.m.** at the **Family Resource Center (1834-A Orchard St.)**. These playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Playgroups are also a great way to meet other parents, share activities and conversations, and make new friends (for yourself and your children)! Children should be 5 years old or younger.

Cooking Club: Now on Mondays

Come join in the fun! At Cooking Club, you can meet new friends, taste new food, and learn new recipes! Starting on Monday, October 5, Cooking Club will be held weekly on **Mondays from 2 to 3 p.m.** in the **Orchard Downs Community Center**. Children are welcome but no child care assistance is available. Parents are responsible for the supervision and safety of their children.

Hot Topics

Illini TV Movie Requests

Each apartment is equipped with a basic cable TV package that includes Housing's Channel 2, now known as Illini TV. We choose a wide variety of movies to be broadcast in University Housing to meet the entertainment desires of our residents from diverse backgrounds. Residents are encouraged to submit requests for movies they wish to see. Visit www.housing.illinois.edu/TV and click on "Illini TV Request."



School Physical & Immunizations

One of our partners, HeRMES, will be offering school physicals on Thursday, October 8 at the Marshall K. Berner Family Information Center. School physicals are required for students entering pre-kindergarten, kindergarten, 6th and 9th grades, and any students new to the district. Parents/guardians must accompany the child(ren). Please bring immunization records with you.

The physicals and immunizations will be offered on **Thursday, October 8** from **4:30 to 7 p.m.**

Where: Champaign Unit 4 School District
Marshall K. Berner Family Information Center
405 East Clark Street
Champaign, Illinois 61820

Call (217) 351-3701 to schedule an appointment.

Closing Laundry Building Doors

It is important to keep the doors to the laundry buildings closed at all times. Propping open the door makes it easy for someone who does not belong in the laundry room to come in and this has been a problem. In the winter it results in a very cold place to work.

Please be considerate of your neighbors who are entitled to find the laundry space comfortable to be in. Use your key to re-enter the building rather than leaving the door open, and remember to always close the door when you leave the building.

Lending Storeroom

The International Hospitality Committee Lending Storeroom at 2044A Orchard Street is open **every Saturday** from **9 to 11 a.m.** Anyone is welcome to borrow household items and appliances. Please fill out a form in the storeroom listing the items you are taking and give the list to the storeroom volunteer. When you no longer need the items, please return them in good, clean, working condition. The storeroom does not accept any bedding, clothing, pictures, books, toys, food, medicines, carpets or any appliances that don't work. Please contact Mary Kruse at mary.kruse1@gmail.com if you have any questions.

STUDENTS, SPOUSES, VISITORS, SCHOLARS, & FRIENDS!

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1001 S. Wright St., Champaign
217-344-3310
www.EnglishCenterUSA.com

Classified Ads/Inserts in the Neighborly News

For information about placing a classified ad or insert in the Neighborly News, please contact Family Housing Council President Bhupinder Farmaha at farmaha2@illinois.edu. Discounts are available for advance payment on a full semester ad.



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What is the FHC?

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

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MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents. MultiCultural Health Center office hours will be held on **Thursdays from 11 a.m. to 1:30 p.m.**

CCCHC Thursday Clinic

The Champaign County Christian Health Center (CCCHC) offers clinic services on the **second and fourth Thursday of the month (September 10 and 24) from 6 to 8 p.m.** for walk-in appointments at the MCHC. The clinic will be staffed with a physician and/or a nurse practitioner. Services will include, but not be limited to: general health concerns, physical exams, nutrition education, referrals to community services, skin problems, exercise and weight management, colds or other respiratory infections, medical screenings, and more.

HeRMES Thursday Clinic: Coming Later this Fall

HeRMES Thursday Evening Clinic (1st and 3rd Thursdays 6 to 8 p.m. at the MCHC) provides primary physician care. Treatment is offered for many health concerns, including, but not limited to: general health issues, nutrition education, preventive health care, seasonal colds and the flu, other respiratory infections, aches and pains, and much more.

Please take advantage of these free services. For more information, please contact CCCHC at 398-2914, visit www.ccchc2003.org, or contact the new MCHC graduate assistant Shalaurey Jones at mchc2040a@gmail.com or sjones430@gmail.com

Women, Infants and Children (WIC) Services

This program is offered **every other Friday from 1 to 4 p.m.** at the MultiCultural Health Center. These services are provided for women, infants, and children, and are offered by the Champaign Urbana Public Health District. Established clients have access to case managers and coupons. Coupon distribution and arrangement must be made in advance with Cathy Ito, R.N., M.S., at cito@c-uphd.org. Services for WIC participants include supplemental nutritious foods, nutrition education and counseling at WIC clinics, and screenings and referrals for other health services, welfare, and social services. Additional medical screenings can be made at CUPHD (www.cuphd.org). For more information, contact Cathy Ito (cito@c-uphd.org, 531-4311) or Shalaurey Jones at mchc2040a@gmail.com or sjones430@gmail.com

The MCHC also offers a weigh-in program for infants. Bring your baby to the MultiCultural Health Center **every other Friday from 1 to 4 p.m.** to have your baby's weight checked. We will also be distributing cards that enable you to keep track of your baby's weight. If you have any questions about this program, please email Shalaurey Jones at mchc2040a@gmail.com or sjones430@gmail.com.

NEIGHBORLY NEWS

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