



Neighborly News



Family Housing Council— <http://www.odfhc.org>

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Weekly Reminders

FHC Monthly Public Meeting

The next FHC meeting will be Friday, July 31 at 5:45pm in the CC. Join us for pizza and refreshments. All residents are welcome.

Saturday, July 18

Saturday Fitness 10am at CC
Playgroup 10am at FRC

Sunday, July 19

Kids' Afternoon Out 3pm at CC

Monday, July 20

Book Club 6pm at FGH

Tuesday, July 21

Make N Take Art 10am at CC
Kids Book Club 4pm at CC
REGISTRATION REQUIRED
Ice Cream Social 6pm at CC

Wednesday, July 22

Kids Science Club 9:30am at LRC
Pre-School Playgroup 10am at CC
Craft Club 1pm at CC
Healthy Living 6pm at FGH

Thursday, July 23

Ms. Debbie's Storytime 10am at CC

Friday, July 24

Cooking Club 2pm at CC

Pest Control:

During the month of July, Orchard Place 1801-1838 will be treated. Twenty-four-hour advance notice will be provided prior to treatment. Please move large items away from the walls and remove items on or around windows. To request treatment, visit the website below.

Submit Maintenance Requests to:

<http://iservice.housing.uiuc.edu>

Study Room

Apartment 2102-104

Yard Sale on July 25

Are you moving out of Orchard Downs soon and need to get rid of some things? Or have you just moved in and need to buy some new household items? If so, then join us on **Saturday, July 25, from 9 to 11 a.m.**, for this community-wide yard sale where there's sure to be something for everyone. If you are interested in reserving a table to sell items, please contact Adeel Zafar at zafar2@illinois.edu as soon as possible to reserve a spot. Those who did not register will not be allowed to sell items on the day of the sale.

Berry Picking Bus Trip

On **Saturday July 25**, we will be taking a bus trip to Pontious Farm in White Heath. We will board the bus at **7:30 a.m.** at the **Family & Graduate Housing office**, in order to leave by 8 a.m.

Pontious Farm, about 20 minutes outside of Champaign, is a farm which offers a variety of berries and vegetables that you can pick and bring home. For more information about the farm, what will be ripe for picking, and the cost per fruit or vegetable, visit the farm's website, <http://pontiousfarm.com>. Registration is required for this trip. To register, please email Becca at rthinn2@illinois.edu. In the email please give the names all who will be attending and the apartment number.

Kite-Making & Flying Event

Join the community aides on **Saturday, July 18 from 2 to 5 p.m.** at the **Orchard Downs Community Center** for a fun and creative kite-making event. Family & Graduate Housing will provide all the materials to make a variety of kites, such as the Indian Fighter, Korean Bird, Chinese Emperor, Origami Kite and many more. After making and decorating the kites, we will fly the kites outside. All residents are welcome to participate and join this big fun event.

The kites require some assembly; therefore, adults must accompany all children under 12. Some light refreshments will be provided. So mark your calendars for July 18! If you have more questions, or if you are interested in volunteering on the day of the event, please contact Pankaj Sarin at p-sarin@illinois.edu.



Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at famhous@uiuc.edu or 333-5656.

Summer Kids Science Program

Do you want to learn more about science and how the world around you works? Do you want to try awesome science experiments with your friends? If so, please join us this summer for the Kids Science Club! This fun club will allow kids of all ages to learn more about science and have fun at the same time! This weekly program meets **every Wednesday at 9:30 a.m.** at the **Learning Resource Center (2044-A Orchard St.)**. Kids of all ages are welcome to join; however, children under age 5 must be accompanied by an adult. If you have any questions, please contact our Family Relations Graduate Assistant, Lauren Karr, at 333-5656 or LKarr1@illinois.edu.

Little Touch Leap Pad

Do you have a child 6–36 months old? Are you looking for new ways to entertain and educate your child? Then Little Touch Leap Pad is for you. Little Touch Leap Pad introduces your child to the ABCs, letter sounds, numbers, shapes, and colors. Family & Graduate Housing has purchased one Little Touch Leap Pad for residents to check out for up to one week. If you have any questions, please contact Lauren Karr at lkarr1@illinois.edu.

Welcome to the World

At Family & Graduate Housing, we consider babies to be a joy! For this reason, we would like to welcome your newborn into the Orchard Downs community with a small complimentary gift package. This is our way of saying, “Welcome to the World!” If you have recently welcomed a new baby into your family, please contact Lauren Karr at 333-5656 or LKarr1@illinois.edu.

Sewing Room Hours

The Sewing Room is open **every Saturday** from **10 a.m. to noon** in the **Learning Resource Center**. Sewing machines and other equipment, including scissors, pins, measuring tapes, and thread, are available for the use of all residents. No appointment necessary—just drop on by! Contact Sewing Room Monitor Feifei Zhan (sewinguiuc@gmail.com) if you have any questions.

Cooking Club

Come join in the fun! At Cooking Club, you can meet new friends, taste new food, and learn new recipes! Please join us **weekly on Fridays** from **2 to 3 p.m.** in the **Orchard Downs Community Center**. Children are welcome but no child care assistance is available. Parents are responsible for the supervision and safety of their children. If you have any questions, please contact Lauren Karr at 333-5656 or LKarr1@illinois.edu.

Parent-Child Playgroup

This weekly playgroup meets **every Saturday** at **10 a.m.** at the **Family Resource Center (1834-A Orchard St.)**. These playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Playgroups are also a great way to meet other parents, share activities and conversations, and make new friends (for yourself and your children)! Children should be 5 years old or younger. If you have any questions, please contact our Family Relations Graduate Assistant, Lauren Karr, at 333-5656 or LKarr1@illinois.edu.

Baby Einstein Video Series

Are you looking for new and fun ways to entertain your infant and toddler? Then we have the answer for you—the Baby Einstein Video Series. Each video explores a new and exciting topic, such as music, nature, and colors, which will hold your child’s attention. Each topic is presented using music, puppets, and other visual images. You can come to borrow a video at the **Family & Graduate Housing office**. If you have any questions, please contact Lauren Karr at 333-5665 or lkarr1@illinois.edu.

Ice Cream Social

Come to the **Orchard Downs Community Center** on **Tuesday, July 21!** From **6 to 7 p.m.** we will be having an ice cream social! There will be ice cream and a variety of toppings! We will also have several activities for the children, such as sidewalk chalk.

Toddler and Preschooler Playgroup

Bring your toddlers to the **Orchard Downs Community Center** on **Wednesday, July 22!** From **10 to 11 a.m.** we will be having water play. We will have a variety of water-related activities, so be prepared to get wet!



International Women's Connection: Summer Meeting

The International Women's Connection is a group for international and American women to meet for friendship, to practice English, and to share in our diverse cultural backgrounds. We meet weekly during the academic year, but during the summer our meetings are more informal and located at various homes in our area.

On Monday, July 20, the International Women's Connection will be meeting at a home and beautiful garden in Mahomet. If you are interested in joining this meeting, or need more information, contact Ruth at ruthkk7@sbcglobal.net or 384-3085. You are welcome to bring your children with you to our meetings. In the summer, we do not offer childcare, so you must supervise your own children.

Closing Laundry Building Doors

It is important to keep the doors to the laundry buildings closed at all times. Propping open the door makes it easy for someone who does not belong in the laundry room to come in and this has been a problem. In the winter it results in a very cold place to work.

Please be considerate of your neighbors who are entitled to find the laundry space comfortable to be in. Use your key to re-enter the building rather than leaving the door open, and remember to always close the door when you leave the building.

Parking Permits for 2009-2010

It's time to get your parking permit for 2009-2010!

Residents may go to http://illinois.edu/goto/apt_parking to apply for parking. Click on "Request a parking permit" and fill in your information. Orchard Downs parking is included in your monthly rent. All residents are responsible for following University Campus Parking regulations. Information on regulations and rates is available at www.parking.uiuc.edu.

If you have any questions about parking, please feel free to contact us at Family & Graduate Housing: call 333-5656 or email parkingapt@illinois.edu. Thank you for your cooperation.

Market at the Square

Take a trip to Market at the Square! Featuring over 150 Illinois vendors, the Urbana farmers' market offers locally grown produce, food, flowers, plants, art, fine crafts, live performances, and much more. Market at the Square occurs every Saturday morning from 7 a.m. until noon at the corner of Illinois and Vine Streets, downtown Urbana, from May through November.

Are you a new or returning student to the U of I? Do you need an inexpensive car to get around Champaign-Urbana? Well, Worden Martin Nissan has the car for you! We offer new and used, imports and domestic cars. We have the car that fits your needs! All U of I students receive special Worden Martin employee discounts and rebates. Contact Jonathan Patterson at 217-352-8910 or at jpatterson@wordenmartin.com for more information and to receive the special pricing. (This is a paid advertisement.)



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What is the FHC?

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

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MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents. MultiCultural Health Center office hours will be held on **Wednesdays** from 10:30 a.m. to 1:30 p.m.

CCCHC Thursday Clinic/HeRMES Thursday Clinic

The Champaign County Christian Health Center (CCCHC) offers clinic services the **2nd and 4th Thursday of the month from 6 to 8 p.m.** for walk-in appointments at the MCHC. The clinic will be staffed with a physician and/or a nurse practitioner. Services will include, but not be limited to: general health concerns, physical exams, nutrition education, referrals to community services, skin problems, exercise and weight management, colds or other respiratory infections, medical screenings, and more.

The HeRMES Thursday Evening Clinic (**1st and 3rd Thursdays 6 to 8 p.m. at the MCHC**) provides primary physician care. Treatment is offered for many health concerns, including, but not limited to, general health issues, nutrition education, preventive health care, seasonal colds and the flu, other respiratory infections, aches and pains, and much more.

Please take advantage of these free services. For more information, please contact CCCHC at 398-2914, visit www.ccchc2003.org, or contact MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

Women, Infants and Children (WIC) Services

This program is offered **every other Friday from 1 to 4 p.m.** at the **MultiCultural Health Center**. These services are provided for women, infants, and children, and are offered by the Champaign Urbana Public Health District. Established clients have access to case managers and coupons. Coupon distribution and arrangement must be made in advance with Cathy Ito, R.N., M.S., at cito@c-uphd.org. Services for WIC participants include supplemental nutritious foods, nutrition education and counseling at WIC clinics, and screenings and referrals for other health services, welfare, and social services. Additional medical screenings can be made at CUPHD (www.cuphd.org). For more information, contact Cathy Ito (cito@c-uphd.org, 531-4311) or MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

The MCHC also offers a weigh-in program for infants. Bring your baby to the MultiCultural Health Center **every other Friday from 1 to 4 p.m.** to have your baby's weight checked. We will also be distributing cards that will enable you to keep track of your baby's weight. If you have any questions about this program, please email Paul Morgan at pamorgan1@gmail.com.

NEIGHBORLY NEWS

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Family & Graduate Housing
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