



Neighborhoodly News

Family Housing Council

Vol. 35 Iss. 28 • July 11, 2008



Weekly Reminders

FHC Monthly Public Meeting

The next FHC meeting will be held on Friday, July 25 at 5:45pm in the CC. Join us for pizza and refreshments. All residents are welcome.

Saturday, July 12

Saturday Fitness 10am at CC
Spurlock Museum Trip 1pm at CC

Sunday, July 13

Krannert Art Museum Trip 2pm at CC

Monday, July 14

Make It & Take It Art 10am at CC
Men's Fitness 6:30pm at CC

Tuesday, July 15

Parent/Child Playgroup 10am at FRC
Cooking Club 2pm at CC
Meijer Trip 6:30pm at FGH

Thursday, July 17

Storytime 10am at CC
Japan House Garden Tour 5:15pm at FGH

Saturday, July 19

Saturday Fitness 10am at CC

Pest Control:

During the month of July, Orchard Downs Buildings 1801 through 1838 will be treated. Twenty-four hour advance notice will be provided prior to treatment. Please move large items away from the walls and remove items on or around windows. To request treatment, visit the website below.

Submit Maintenance Requests to:

<http://iservice.housing.uiuc.edu>

Family Housing Council Elections: UPDATE

The FHC is upholding the first election held electronically June 2-June 6 and the results are found below. We apologize for any confusion this process has caused. Family Housing Council has determined that the in-person, ballot voting that took place on June 21 was not secure and therefore not valid. We have received resident complaints about the voting process. The concerns have been regarding the constitutional legitimacy of electronic voting, the lack of resident verification in the in-person ballot voting, and the FHC announcement to overturn the results.

The FHC Advisor, Elected Treasurer, and Elected Executive Secretary in consultation with a representative from the Registered Student Organization determined that the first, secure election should be upheld and the third voting process should be cancelled. Therefore, the election scheduled for Friday, July 25 is cancelled. There were no candidates running for the position of the Vice President. The newly elected Council will work with their Advisor to execute a fair process for the appointment of Vice President. The 2008-2009 Council will take action to improve the voting process to ensure it is fair to all residents participating in the process. The online voting results for the elected 2008-2009 Family Housing Council Officers are as follows:

President: Bhupinder Singh Farmaha (farmaha2@uiuc.edu)

Executive Secretary: Ying Deng (ddy33_deng@hotmail.com)

Treasurer: Qinqing Feng (qfeng4@uiuc.edu)

Recording Secretary: Wenzhuo Ma (wma3@uiuc.edu)

Vice President: Vacant

Mark Your Calendar: Upcoming Activities

Please be sure to add these new activities to your Orchard Downs July calendar. Come join us for these fun events!

DATE	EVENT	TIME	LOCATION
Saturday, July 12	Spurlock Museum Trip	1 p.m.	Community Center
Sunday, July 13	Krannert Art Museum Trip	2 p.m.	Community Center
Thursday, July 17	Japan House Garden Tour	5:15 p.m.	FGH Office
Wednesday, July 23	Movie Night	7 p.m.	Community Center
Sunday, July 27	Orchard Downs Community Yard Sale	9 a.m.	Community Center
Wednesday, July 30	Cookout	6:30 p.m.	Community Center



Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at famhous@uiuc.edu or 333-5656.

Parent/Child Playgroup

Parent/Child Playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Children should be 5 years old or younger. Playgroup is held on **Tuesdays** from **10 to 11:30 a.m.** at the **Family Resource Center (apt. 1834-A)**. If you have any questions, please contact Carie at cbiresc@uiuc.edu or 333-5665.

Cooking Club

If you like to try new recipes and eat good food, then join us on **Tuesday afternoons** at **2 p.m.** at the **Community Center** for Cooking Club. Children are always welcome; however, no childcare assistance is available. Parents are responsible for the safety of their children. If you have any questions, please contact Carie at cbiresc2@uiuc.edu. Our next meeting will be on Tuesday, June 24—hope to see you there!

Urbana Free Library Trip

On **Thursday, July 10** we will be visiting the Urbana Free Library. The library is a great place to borrow books, CDs, and DVDs, all for free! If you don't have a library card, remember to bring your ID card and proof of residency in Urbana, such as a utility bill with your name on it, and we can assist you with signing up. We will leave from the **FGH office** at **6:30 p.m.** and will return by 8:30 p.m. Transportation is provided. If you have any questions about this event, please contact Carie at cbiresc2@uiuc.edu. Hope to see you there!

Spurlock Museum Trip

We will be travelling to the Spurlock Museum on **Saturday, July 12**. The museum is home to artifacts from around the world and also features fun activities for children and families at the museum's Education Center. We will leave from the **FGH office** at **1 p.m.** and will return around 3 p.m. If you have any questions, please contact Carie at cbiresc2@uiuc.edu. For more information about the Spurlock Museum, please go to www.spurlock.uiuc.edu. Hope you can join us!

Krannert Art Museum Trip

Join us on **Sunday, July 13** as we travel to the Krannert Art Museum. The museum features artwork from all over the world from ancient to contemporary times. We will leave from the **FGH office** at **2 p.m.** and will return by 4 p.m. If you have any questions about this event, please contact Carie at cbiresc2@uiuc.edu. For more information about the museum, please visit www.kam.uiuc.edu.

Japan House Garden Tour

On **Thursday, July 17** we will be going to Japan House for a tour of the gardens hosted by Mr. Jim Bier, the designer and builder of the Japan House Gardens. We will leave from the **FGH office** at **5:15 p.m.** sharp and transportation is provided. If you have any questions about this event, please contact Carie at cbiresc2@uiuc.edu. For more information about Japan House, please visit <http://japanhouse.art.uiuc.edu>.

Community Updates

Urbana School Health Care Services

Urbana School Health Care Services (USHS) offers numerous services for all students of the Urbana School District. Services are available during the child's school day, **Monday-Friday, 8 a.m. to 4 p.m.** Please call to make appointments and request information on what to bring with you to the appointment. Services will be offered at the Urbana High School (1002 S. Race Street). USHS can be contacted at (217) 239-4220, or visit www.cuphd.org.

Medical services include, but are not limited to, physical exams, immunizations, acute and chronic conditions, reproductive health, dietary management, and nutrition referrals. Dental services include, but are not limited to, screenings, cleanings, extractions and fillings, and fluoride treatments. Counseling services include, but are not limited to, crisis intervention, anger management, individual and family counseling, addiction counseling, and substance abuse counseling.

Individuals without insurance will have access to a sliding fee based on income. Parents do not need to be present for medical visits, but must complete the parental consent form regardless. Walk-ins are available for acute care issues. If you have any questions, please contact Paul Morgan at pamorgan1@gmail.com.



Emergency Phone Numbers & Important Resources

Be sure to keep the following phone numbers handy in case of an emergency or if you need to contact important campus resources.

For Emergencies, call 911 or 9-911 from on-campus phone	1-800-222-1222	Poison Control	
333-5656	Family & Graduate Housing (FGH)	333-8213	Goodwin-Green Office
649-7705	FGH After Office Hours/Emergencies	332-3344	Goodwin-Green Computer Center
333-2779	Maintenance - University Apartments	244-1725	Goodwin-Green Lounge
265-6267	MultiCultural Health Center	333-2700	McKinley Dial-A-Nurse
333-3497	Orchard Downs Pre-School	840-2232	University Safe Place
333-6176	Community Center	384-4390	Domestic Violence Crisis
265-5607	Orchard Downs Computer Center	355-5203	Rape Crisis Line
265-0428	Learning Resource Center	337-2730	Crisis Nursery
333-1000	UIUC Information	359-4141	Mental Health Crisis
384-8188	MTD Bus Hotline/ Safe Rides	333-1216	University Police(non-emergency)

University Housing: www.housing.uiuc.edu

iService Desk: <http://iservice.housing.uiuc.edu>

Olympic Summer Fun for Children

Olympic Summer Fun for Children is a Christian day camp that will take place from **July 21 to 25**, every morning from **9 to 11:30 a.m.** at the **Community Center**. All children, from kindergarten through fifth grade, are welcome to attend. The cost is free! This year we will be using the upcoming Olympics as our theme and learn how to be a real champion! What is included: great stories from the Bible, fun games, nice crafts, beautiful songs, delicious snacks, and neat prizes! We will also hold a free lunch for all the families on Friday. now at <http://tcbc.cc/SummerDayCamp08>, or if you have any questions, you can contact Ruth at ruthkk7@sbcglobal.net.

West Niles Virus Precautions

West Nile Virus is transmitted by mosquitoes. If you become infected with West Nile virus, you may not experience any signs or symptoms or you may only experience minor ones such as a skin rash and headache. However, some people who become infected with West Nile virus develop a life-threatening illness that includes inflammation of the brain.

West Nile virus is common in areas such as Africa, West Asia, and the Middle East. It first appeared in the United States in the summer of 1999 and since then has been found in all 48 contiguous states.

You can do your best to prevent coming in contact with West Nile virus. Here's what to do:

- Wear insect repellent. Repellents that include one of these ingredients are best: DEET, lemon eucalyptus, or picaridin. Children should ask a parent to help apply the repellent.
- Playing outside at midday will help avoid bites because mosquitoes are most likely to be out during early morning or early evening.
- When possible, wear socks, long sleeves, and long pants when playing outside.
- Never play near standing water like creeks or wading pools (mosquitoes love to hang out there!).



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WWW.ODFHC.ORG

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What is the FHC?

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

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MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents.

Thursday Clinic Services

The Champaign County Christian Health Center (CCCHC) offers clinic services **every Thursday of the month from 6 to 9 p.m.** for walk-in appointments at the MCHC. The clinic will be staffed with a physician and/or a nurse practitioner. Services will include, but not be limited to, the following: general health concerns, physical exams, nutrition education, referrals to community services, skin problems, exercise and weight management, colds or other respiratory infections, medical screenings, and more. For more information, please contact CCCHC at 398-2914, visit www.ccchc2003.org, or contact the MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

Women, Infants and Children (WIC)

This program is offered **every other Friday afternoon from 1 to 4 p.m.** at the MultiCultural Health Center. These services are provided for women, infants, and children, and are offered by the Champaign Urbana Public Health District. Established clients have access to case managers and coupons. Coupon distribution and arrangement must be made in advance with Cathy Ito, R.N., M.S. You can reach Cathy by email at cito@cupdh.org or over the phone at 531-4311. Services for WIC participants include: supplemental nutritious foods, nutrition education and counseling at WIC clinics, and screenings and referrals for other health services, welfare, and social services. Additional medical screenings can be made at CUPHD (www.cuphd.org). For more information, contact Cathy Ito or MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

Summer Office Hours

MultiCultural Health Center summer office hours will be held on Wednesdays from 9:30 a.m. to 12:30 p.m.

Additional CCCHC Date: July 15

The CCCHC-Thursday Clinic services will be available on **Tuesday, July 15** for walk-ins from **6 p.m. to 8 p.m.** in addition to their July 10 and July 24 scheduled program days.

Free School Physicals & Immunizations

Physical exams are required for all students entering pre-kindergarten, kindergarten, 6th and 9th grades, and students new to the district from out of state. Free school physicals and immunizations will be available on **July 24, August 7 and 21, September 4 and 18, and October 2** from **6 to 8:30 p.m.** at the Champaign-Urbana Public Health District (CUPHD), 201 West Kenyon Road, Champaign. Parents must accompany children and bring immunizations records. Appointments are required, and can be scheduled by calling (217) 531-4253. Limited appointments are available. Also, free dental exams are available for Unit 4 Students. For more information, see www.cuphd.org.

NEIGHBORLY NEWS

University of Illinois at Urbana-Champaign
Family & Graduate Housing
Family Housing Council
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