



Neighborly News



Family Housing Council— <http://www.odfhc.org>

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Weekly Reminders

FHC Monthly Public Meeting

The next FHC meeting will be Friday, June 26 at 5:45pm in the CC. Join us for pizza and refreshments. All residents are welcome.

Saturday, June 13

Sewing Room 10am at LRC
Saturday Fitness 10 am at CC
Playgroup 10 am at FRC

Sunday, June 14

Movie & a Snack 6pm at CC

Monday, June 15

Bowling 6:30pm at FGH
REGISTRATION REQUIRED

Tuesday, June 16

Make-n-Take Art 10am at CC
Kids Book Club 4pm at CC

Wednesday, June 17

Water Play 10am at CC
Bake & Decorate 1pm at CC
Kids Science Club 2:30pm at LRC

Thursday, June 18

Ms. Debbie's Storytime 10am at CC

Friday, June 19

Cooking Club 2pm at CC

Pest Control:

During the month of June, Orchard South 2113-2205 will be treated. Twenty-four-hour advance notice will be provided prior to treatment. Please move large items away from the walls and remove items on or around windows. To request treatment, visit the website below.

Submit Maintenance Requests to:

<http://iservice.housing.uiuc.edu>

Study Room

Apartment 2102-104

Safety in the Garden

The Orchard Downs gardens are open for a new season. Gardens can be dangerous if we do not take safety steps in our gardening routine. For maximum benefit with minimum effort, there are some things that you can do while gardening to make it safer and pleasurable. Before you begin your garden work, make sure that the soil, water, and working environment are safe. Following are some safety suggestions:

- Wear proper attire such as safety gloves, boots, goggles, and no baggy clothing. They will protect you from cuts and contaminated soil, keep you from getting allergic reactions to plants and pests like poison oak and poison ivy and occasional bees, and protect your eyes when operating cutting machinery.
- Place your garden tools away from kids and from others when not in use. Make sure tools and equipment are in good condition. Malfunction of damaged garden tools can cause serious injuries. Use ladders, shovels, and heavy cutting machinery with safety and caution.
- With summer just around the corner, remember to wear hats, sunglasses, and sunscreen. Sunburn can put you out of commission for some time, and what will your garden do without you?
- Use caution when working with chemicals. Avoid dusting and spraying on windy days. Make sure you obey the Orchard Downs garden regulations. Do not use forbidden chemicals.
- Never leave a child unattended. Keep them away from areas treated with pesticides and dangerous equipment. Keep all tools and equipment beyond their reach.

Gardening is both fun and therapeutic. Have a safe and fun Orchard Downs garden season!

Pre-School Water Play

Cool off at the Orchard Downs Community Center on Wednesday, June 17. Water play will begin at 10 a.m. Wear your bathing suit or water play clothes. Please bring a towel. You may also bring your favorite water toy to join in the fun. Come prepared to get wet! No registration required. If you would like additional information or have any questions, please contact Becca at rthinn2@illinois.edu.



Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at famhous@uiuc.edu or 333-5656.

Sewing Room Hours

The Sewing Room is open every **Saturday** from **10 a.m. to noon** in the **Learning Resource Center**. Sewing machines and other equipment, including scissors, pins, measuring tapes, and thread, are available for the use of all residents. No appointment necessary—just drop on by! Contact Sewing Room Monitor Feifei Zhan (sewinguiuc@gmail.com) if you have any questions.

Cooking Club

Come join in the fun! At Cooking Club, you can meet new friends, taste new food, and learn new recipes! Please join us **weekly on Fridays** from **2 to 3 p.m.** in the **Orchard Downs Community Center**. Children are welcome but no child care assistance is available. Parents are responsible for the supervision and safety of their children. If you have any questions, please contact Lauren Karr at 333-5656 or LKarr1@illinois.edu.

Summer Kids Science Program

Do you want to learn more about science and how the world around you works? Do you want to try awesome science experiments with your friends? If so, please join us this summer for the Kids Science Club! This fun club will allow kids of all ages to learn more about science and have fun at the same time! This weekly program meets **every Wednesday in June** at **2:30 p.m.** at the **Learning Resource Center (2044-A Orchard St.)**. Kids of all ages are welcome to join; however, children under age 5 must be accompanied by an adult. If you have any questions, please contact our Family Relations Graduate Assistant, Lauren Karr, at 333-5656 or LKarr1@illinois.edu.

Welcome to the World

At Family & Graduate Housing, we consider babies to be a joy! For this reason, we would like to welcome your newborn into the Orchard Downs community with a small complimentary gift package. This is our way of saying, “Welcome to the World!” If you have recently welcomed a new baby into your family, please contact Lauren Karr at 333-5656 or email LKarr1@illinois.edu.

Bowling

We will be going bowling at the Illini Union! We will be going on **Monday, June 15**. We will meet at the **Family & Graduate Housing office** at **6:30 p.m.** to begin bowling at 7 p.m. Cost is \$2 per person. If you would like to join us, please email Becca at rthinn2@illinois.edu. Registration is required.

Movie and a Snack

Come join us for Movie and a Snack on **Sunday, June 14** at **6 p.m.** in the **Orchard Downs Community Center**. We will be showing “Monsoon Wedding,” an award-winning film about Indian culture. The film is rated R and participants must be 17 years old to participate in this program. A snack will be served along with the film. Questions can be sent to Bryan Kelly at kelly31@illinois.edu.

Kids Club Book Club

We will be holding a book club for the children enrolled in Kids Club. We will be reading “Percy Jackson and the Olympians.” The book club will be held on **June 16, 23, and 30** at Kids Club. We will read the book and have corresponding activities. If your child would like to participate in book club, registration is required. To register, email Becca at rthinn2@illinois.edu.

Little Touch Leap Pad

Do you have a child 6–36 months old? Are you looking for new ways to entertain and educate your child? Then Little Touch Leap Pad is for you. Little Touch Leap Pad introduces your child to the ABCs, letter sounds, numbers, shapes, and colors. Family & Graduate Housing has purchased one Little Touch Leap Pad for residents to check out for up to one week. If you have any questions, please contact Lauren Karr at lkarr1@illinois.edu.

Baby Einstein Video Series

Are you looking for new and fun ways to entertain your infant and toddler? Then we have the answer for you—the Baby Einstein Video Series. Each video explores a new and exciting topic, such as music, nature, and colors, which will hold your child’s attention. Each topic is presented using music, puppets, and other visual images. You can come to borrow a video at the **Family & Graduate Housing office**. If you have any questions, please contact Lauren at 333-5665 or lkarr1@illinois.edu.

News Today: Current Events

There is so much going on in the world today. Are you interested in learning more about what is happening or talking about it with others? Learning Initiatives is offering a Current Events discussion group on **Wednesday, June 17** at **6 p.m.** in the **FGH office**. We will discuss topics occurring within the United States as well as across the globe. Ideas and topics are encouraged for the discussion. Any questions can be emailed to Bryan at kelly31@illinois.edu.



Summer Fun for Children: Searching for Treasure

Do your children enjoy searching for treasure? We will be uncovering useful and interesting treasures, so be sure and sign up your children (any child kindergarten through 5th grade).

What: Children's Day Camp

When: July 6-10; 9:00- 11:30 am

Where: Orchard Downs Community Center

For: Any child kindergarten through 5th grade

Cost: Free

What's included: great treasure stories from the Bible, fun games, interesting crafts, beautiful songs, nutritious snacks, and fabulous prizes! We also include a free lunch for all the families on Friday, July 10. To register online, visit tcbc.cc/summerdaycamp09. For more information, call Ruth at 384-3085 or email ruthkk7@sbcglobal.net. This event is open to children of all nationalities and religious backgrounds.

Dine with Us this Summer

Did you know that you can use your i-card for meals in University Housing dining halls and the Illini Union Ballroom buffet? If you're already on campus for classes or research, why not dine with us as a convenient, affordable option?

It's easy! Just add Extra Credits to your i-card at www.housing.illinois.edu (click on "Buy Extra Credits" at the top of the page). Then when you enter the dining hall, the attendant will swipe your card and you can enjoy an array of hot entrees, a salad bar, and other freshly prepared food. At the Illini Union Ballroom, you may use Extra Credits, cash, checks, credit cards, or departmental accounts.

Rates

One credit equals one cent, and your credits never expire as long as you have an active i-card. Rates for students, faculty, and staff are:

Dining hall

Breakfast: \$5.95 (595 credits)

Lunch: \$7.95 (795 credits)

Dinner: \$10.95 (1095 credits)

Illini Union Ballroom

Lunch: \$8.75 (875 credits)

Locations & Hours

Check the announcements on www.housing.illinois.edu for the times and locations of summer dining hall meals.

The Illini Union Ballroom Buffet is open 11:30 a.m.-1 p.m., Monday-Friday. During summer sessions it is located in the Colonial Room, on the first floor of the Union.

Are you a new or returning student to the U of I? Do you need an inexpensive car to get around Champaign-Urbana? Well, Worden Martin Nissan has the car for you! We offer new and used, imports and domestic cars. We have the car that fits your needs! All U of I students receive special Worden Martin employee discounts and rebates. Contact Jonathan Patterson at 217-352-8910 or at jpatterson@wordenmartin.com for more information and to receive the special pricing. (This is a paid advertisement.)



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WWW.ODFHC.ORG

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What is the FHC?

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

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MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents. MultiCultural Health Center office hours will be held on **Wednesdays** from 10:30 a.m. to 1:30 p.m.

CCCHC Thursday Clinic/HeRMES Thursday Clinic

The Champaign County Christian Health Center (CCCHC) offers clinic services the **2nd and 4th Thursday of the month from 6 to 8 p.m.** for walk-in appointments at the MCHC. The clinic will be staffed with a physician and/or a nurse practitioner. Services will include, but not be limited to: general health concerns, physical exams, nutrition education, referrals to community services, skin problems, exercise and weight management, colds or other respiratory infections, medical screenings, and more.

The HeRMES Thursday Evening Clinic (**1st and 3rd Thursdays 6 to 8 p.m. at the MCHC**) provides primary physician care. Treatment is offered for many health concerns, including, but not limited to, general health issues, nutrition education, preventive health care, seasonal colds and the flu, other respiratory infections, aches and pains, and much more.

Please take advantage of these free services. For more information, please contact CCCHC at 398-2914, visit www.ccchc2003.org, or contact MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

Women, Infants and Children (WIC) Services

This program is offered **every other Friday from 1 to 4 p.m.** at the **MultiCultural Health Center**. These services are provided for women, infants, and children, and are offered by the Champaign Urbana Public Health District. Established clients have access to case managers and coupons. Coupon distribution and arrangement must be made in advance with Cathy Ito, R.N., M.S., at cito@c-uphd.org. Services for WIC participants include supplemental nutritious foods, nutrition education and counseling at WIC clinics, and screenings and referrals for other health services, welfare, and social services. Additional medical screenings can be made at CUPHD (www.cuphd.org). For more information, contact Cathy Ito (cito@c-uphd.org, 531-4311) or MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

The MCHC also offers a weigh-in program for infants. Bring your baby to the MultiCultural Health Center **every other Friday from 1 to 4 p.m.** to have your baby's weight checked. We will also be distributing cards that will enable you to keep track of your baby's weight. If you have any questions about this program, please email Paul Morgan at pamorgan1@gmail.com.

NEIGHBORLY NEWS

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Family & Graduate Housing
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