



Neighborly News

Family Housing Council— <http://www.odfhc.org>

Vol. 36 Iss. 21 • May 22, 2009

Weekly Reminders

FHC Monthly Public Meeting

The next FHC meeting will be Friday, May 29 at 5:45pm in the CC. Join us for pizza and refreshments. All residents are welcome.

Saturday, May 23

Sewing Room 10am at LRC
Bubbles & Sidewalk Chalk 1pm at CC

Monday, May 25

Summer Safety 6pm at FGH
Bingo 6pm at CC

Tuesday, May 26

International Friendship Group 1pm at FRC
Registration for Chicago Bus Trip 7pm at FGH

Wednesday, May 27

Parent-Child Playgroup 9am at FRC

Thursday, May 28

Kids Gardening 6pm at CC

Friday, May 29

Cooking Club 2pm at CC

Pest Control:

During the month of May, Orchard Downs buildings 2101-2112 will be treated. Twenty-four-hour advance notice will be provided prior to treatment. Please move large items away from the walls and remove items on or around windows. To request treatment, visit the website below.

Submit Maintenance Requests to:

<http://iservice.housing.uiuc.edu>

Study Room

Apartment 2102-104

Kids Club Summer Registration

Registration for Kids Club will be on Monday, June 8 from 5 to 6 p.m. at the Orchard Downs Community Center. The summer session will begin Monday, June 15.

Orchard Downs Kids Club is a free after-school program for children ages 5 to 12. Children must be 5 years of age and entering kindergarten this fall. The program is held **Monday through Friday** from 3:00 to 5:30 p.m. at the **Community Center**.

Kids Club offers social, recreational, and educational activities for the children. Come join us for some summer fun!

Registration is on a first come, first served basis. New families are encouraged to register. For additional information, please contact Sara Jenkins, the children's programming coordinator, at 333-5656 or jenkins@illinois.edu.

Parent-Child Playgroup Update

Starting on **Saturday, June 6**, Parent-Child Playgroup will begin meeting **every Saturday** from 10 to 11:30 a.m. at the **Family Resource Center (1834-A Orchard St.)**. These playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Playgroups also are a great way to meet other parents, share activities and conversations, and make new friends (for yourself and your children)! Children should be 5 years old or younger. If you have any questions, please contact our Family Relations Graduate Assistant, Lauren Karr, at 333-5656 or LKarr1@illinois.edu.

International Friendship Group Update

International Friendship Group will be ending for the summer. Our last meeting will be held on **Tuesday, May 26**. Please read the Neighborly News this fall for updates about the program restarting. If you have any questions, please contact our Family Relations Graduate Assistant, Lauren Karr, at 333-5656 or LKarr1@illinois.edu.

Kids Science Club Starting This Summer

Do you want to learn more about science and how the world around you works? Do you want to try awesome science experiments with your friends? If so, please join us this summer for the Kids Science Club! This fun club will allow kids of all ages to learn more about science and have fun at the same time! We will meet **every Wednesday in June** from 2:30 to 3:30 p.m. in the **Learning Resource Center (2044-A Orchard St.)**. Kids of all ages are welcome to join; however, children under age 5 must be accompanied by an adult. If you have any questions, please contact our Family Relations Graduate Assistant, Lauren Karr, at 333-5656 or LKarr1@illinois.edu.



Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at famhous@uiuc.edu or 333-5656.

Kids Gardening

Due to the success of our last kids gardening event, we will be holding another session! We will have small pots, soil, and flower seeds. Bring the kids to plant a flower that they will care for all summer long. It will be held at the **Community Center** on **Thursday, May 28 at 6 p.m.** See you there!

Close-Knit Community Workshop

The knitting workshop is back! This workshop was run in Orchard Downs in Spring 2008 and was very successful. If you want to learn a new art and an enjoyable form of meditation, then consider signing up for this 3-4 month workshop this summer. Not only will you learn to knit, but you will also contribute a pre-determined amount of clothes to others in our community. Upon completion of the first part of the workshop, we will make cable scarves (for you to keep!). A majority of the supplies will be provided to you for the duration of the workshop. Please send questions and register as soon as possible—there are limited spaces! Please write to Sonia at sillybluefrog@yahoo.com.

Bingo

Come to the Community Center on Monday, May 25 for Bingo! We will play traditional Bingo with spring prizes. It will be held at 6 p.m. Hope to see you there.

Sidewalk Chalk and Bubbles

Come to the Community Center on Saturday, May 23 at 1 p.m. We will have a selection of bubbles and sidewalk chalk for the kids to play with! Hope to see you there!

Hot Topics

Play Basketball

The Community Aides invite all residents to join them in a friendly basketball match! The game will take place on **Saturday, May 23** from 5 to 7 p.m. in the **Orchard Downs north basketball court**. Everyone is welcome to come and play. For questions about this event, please email Abdu at azouhir@gmail.com.

Summer Fun for Children: Coming in July

Mark your calendars for this free summer camp for any child in kindergarten through fifth grade. The camp takes place **July 6-10** from 9 to 11:30 a.m. every morning at the **Orchard Downs Community Center**. The camp includes stories from the Bible, fun games, nice crafts, beautiful songs, delicious snacks, and neat prizes! We also have a free lunch for all the families on Friday. To register online, go to tcbc.cc/summerdaycamp09. For more information, call Ruth at 384-3085 or email ruthkk7@sbcglobal.net. This event is open to children of all nationalities and religious backgrounds.

Sewing Room Hours

The Sewing Room is open every **Saturday** from **10 a.m. to noon** in the **Learning Resource Center**. Sewing machines and other equipment, including scissors, pins, measuring tapes, and thread, are available for the use of all residents. No appointment necessary—just drop on by! Contact Sewing Room Monitor Feifei Zhan (sewinguiuc@gmail.com) if you have any questions.

Cooking Club

Come join in the fun! At Cooking Club, you can meet new friends, taste new food, and learn new recipes! Please join us weekly on **Fridays** from **2 to 3 p.m.** in the **Orchard Downs Community Center**. Children are welcome but no child care assistance is available. Parents are responsible for the supervision and safety of their children. If you have any questions, please contact Lauren Karr at 333-5656 or LKarr1@illinois.edu.

Parent-Child Playgroup

This weekly playgroup meets on **Wednesday** at **9 a.m.** at the **Family Resource Center (1834-A Orchard St.)**. These playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Playgroups also are a great way to meet other parents, share activities and conversations, and make new friends (for yourself and your children)! Children should be 5 years old or younger. If you have any questions, please contact our Family Relations Graduate Assistant Lauren Karr at 333-5656 or LKarr1@illinois.edu.



Final Fling a Success: Thank you!

We extend a very special thank you to the following sponsoring businesses whose donations helped make Saturday's Final Fling a great success:

Jetz Laundry Systems	Stan's Sportsworld
Lil Porgy's BBQ	Jerry's IGA

We also thank the staff who organized Final Fling, and each of our residents who volunteered during the day to make this event one of the best end-of-year celebrations!

Abdu Zouhir	Younghua Hao	Ramon Calderer
Gemma Comellas	Rabin Bhattaria	Hayat Ferzouz
Wang Muhua	Laila Zaidi	Kashif Muhammad
Caroline Morois	Jeronymo Pereira	Uma Ravat
Margaret Njeru	Bhupinder Farmaha	Ibrahim Mousa
Omar Moussa	Tammy Hsu	Chi-Chen Peng
Sahan Dissanayake	Hsin-Chang Feng	Wei-Fong Huang
Maheshi Dassanayake	Alexandra Seceleanu	Rob Bocchino
Elahe Javadi	Amir Marmarchi	Arifullah
Zahra Arab Mazar	Shiyun Zhang	Saijun Zhang
Kuo-ting Wang	Esther Lisanza	Genet Fisseha
Leonard Muaka	Pankaj Sarin	Manisha Ahuja
Thamilmani	Augusto Zimmerman	Claudia Serbanuta
Traian Serbanuta	Christine Ng	Claudia Debortoli
Monica Nunes	Lauren Hong	Dana Shalash
Mohamed Khalifa	Bryan Kelly	Cecilia Lau
Paul Morgan	Laurren Karr	Becca Thinnest

and Chris Sobczak (...as "Nosey Gregory")

...and anyone else whose name we left out.

All of your cheerful help on Saturday made Final Fling a really great party! Thank you!

Are you a new or returning student to the U of I? Do you need an inexpensive car to get around Champaign-Urbana? Well, Worden Martin Nissan has the car for you! We offer new and used, imports and domestic cars. We have the car that fits your needs! All U of I students receive special Worden Martin employee discounts and rebates. Contact Jonathan Patterson at 217-352-8910 or at jpatterson@wordenmartin.com for more information and to receive the special pricing. (This is a paid advertisement.)



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What is the FHC?

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

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MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents. MultiCultural Health Center office hours will be held on **Wednesdays** from 10:30 a.m. to 1:30 p.m.

CCCHC Thursday Clinic/HeRMES Thursday Clinic

The Champaign County Christian Health Center (CCCHC) offers clinic services the **2nd and 4th Thursday of the month from 6 to 8 p.m.** for walk-in appointments at the MCHC. The clinic will be staffed with a physician and/or a nurse practitioner. Services will include, but not be limited to: general health concerns, physical exams, nutrition education, referrals to community services, skin problems, exercise and weight management, colds or other respiratory infections, medical screenings, and more.

The HeRMES Thursday Evening Clinic (**1st and 3rd Thursdays 6 to 8 p.m. at the MCHC**) provides primary physician care. Treatment is offered for many health concerns, including, but not limited to, general health issues, nutrition education, preventive health care, seasonal colds and the flu, other respiratory infections, aches and pains, and much more.

Please take advantage of these free services. For more information, please contact CCCHC at 398-2914, visit www.ccchc2003.org, or contact MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

Women, Infants and Children (WIC) Services

This program is offered **every other Friday from 1 to 4 p.m.** at the **MultiCultural Health Center**. These services are provided for women, infants, and children, and are offered by the Champaign Urbana Public Health District. Established clients have access to case managers and coupons. Coupon distribution and arrangement must be made in advance with Cathy Ito, R.N., M.S., at cito@c-uphd.org. Services for WIC participants include supplemental nutritious foods, nutrition education and counseling at WIC clinics, and screenings and referrals for other health services, welfare, and social services. Additional medical screenings can be made at CUPHD (www.cuphd.org). For more information, contact Cathy Ito (cito@c-uphd.org, 531-4311) or MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

The MCHC also offers a weigh-in program for infants. Bring your baby to the MultiCultural Health Center **every other Friday from 1 to 4 p.m.** to have your baby's weight checked. We will also be distributing cards that will enable you to keep track of your baby's weight. If you have any questions about this program, please email Paul Morgan at pamorgan1@gmail.com.

NEIGHBORLY NEWS

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Family & Graduate Housing
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