



Neighborly News

Family Housing Council— <http://www.odfhc.org>

Vol. 36 Iss. 18 • May 1, 2009

Weekly Reminders

FHC Monthly Public Meeting

The next FHC meeting will be Friday, May 29 at 5:45pm in the CC. Join us for pizza and refreshments. All residents are welcome.

Saturday, May 2

Sewing Room 10am at LRC
Saturday Fitness 10am at CC

Monday, May 4

Bowling 7pm at FGH
REGISTRATION REQUIRED

Tuesday, May 5

International Friendship Group 1pm at FRC
May Day Basket Making 6pm at CC

Wednesday, May 6

Parent-Child Playgroup 9am at FRC
Healthy Living 6pm at FGH

Thursday, May 7

Cinco de Mayo History & Craft 6pm at CC

Friday, May 8

Cooking Club 2pm at CC

Pest Control:

During the month of May, Orchard Downs buildings 2101-2112 will be treated. Twenty-four-hour advance notice will be provided prior to treatment. Please move large items away from the walls and remove items on or around windows. To request treatment, visit the website below.

Submit Maintenance Requests to:

<http://iservice.housing.uiuc.edu>

Study Room

Apartment 2102-104

Extended Deadline for Council Elections

In an attempt to get more interested residents involved with the Family Housing Council, the deadline for applications for council officers has been extended to **Thursday, May 14**. Please pick up an application at the **Family & Graduate Housing office**. We will keep you up to date with details on the voting process as the ballot time gets near.

If you have any questions, please contact Bhupinder at farmaha2@illinois.edu.

Neighborly News Distributor Position Opening

• The Family Housing Council (FHC) is looking for a Neighborly News distributor for apartments 2001-2037, 2057-2087, and 2060-2084. The new person will start to distribute the NN by May 20, 2009. The NN Distributor will be responsible for the following duties:

Picking up the NN copies from the NN Assembler by 7:00 p.m. on Thursday.

- Delivering the NN to the mailboxes of all Orchard Downs residents in the area assigned to them.
- Completing the delivery of the NN in winter (November-March) by 10:00 a.m. on Saturday of the week of the newsletter's issue, and 9:00 p.m. Friday in the rest of the year.
- Confirming with the NN Assembler by 12 noon every Saturday of the completion of the NN delivery to all assigned apartments, and of any problems regarding the distribution.
- Being in contact with Family Housing Council through Vice President and Assembler, for following their guidelines and reporting any complaints regarding the NN.
- In case of leaving the job, informing the Vice President officially at least one month in advance.
- Attending the Family Housing Council meeting held on the last Friday of each month from 5:45-6:45 p.m. and submitting any necessary reports.

The honorarium fee for this position is \$45 per month.

The application forms will be available **May 1-8, 2009** at the **Family & Graduate Housing office**. Subsequently, applicants will be asked to have an interview with the Family Housing Council.

Notice: As there are eleven meetings throughout the year, the employees are allowed to have just one excused absence, which implies notifying the Vice President in advance or submitting a written explanation within 48 hours of the absence. The second excused absence will result in a 10 percent reduction of the salary and the executive board will make a decision regarding continuation of the position. Unjustified absence will not be tolerated and will result in the termination of the position.



Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at famhous@uiuc.edu or 333-5656.

Sewing Room Hours

The Sewing Room is open every **Saturday** from **10 a.m. to noon** in the **Learning Resource Center**. Sewing machines and other equipment, including scissors, pins, measuring tapes, and thread, are available for the use of all residents. No appointment necessary—just drop on by! Contact Sewing Room Monitor Feifei Zhan (sewinguiuc@gmail.com) if you have any questions.

Cooking Club

Come join in the fun! At Cooking Club, you can meet new friends, taste new food, and learn new recipes! Please join us **weekly on Fridays** from **2 to 3 p.m.** in the **Orchard Downs Community Center**. Children are welcome but no child care assistance is available. Parents are responsible for the supervision and safety of their children. If you have any questions, please contact Lauren Karr at 333-5656 or LKarr1@illinois.edu.

Parent-Child Playgroup

This weekly playgroup meets every **Wednesday** at **9 a.m.** at the **Family Resource Center (1834-A Orchard St.)**. These playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Playgroups also are a great way to meet other parents, share activities and conversations, and make new friends (for yourself and your children)! Children should be 5 years old or younger. If you have any questions, please contact our Family Relations Graduate Assistant Lauren Karr at 333-5656 or LKarr1@illinois.edu.

International Friendship Group

Are you interested in getting to know others in the community? Do you like to learn more about others cultures? If so, please join us at our International Friendship Groups, held every **Tuesday** at **1 p.m.** at the **Family Resource Center (1834-A Orchard St.)**. Children are welcome, but no childcare assistance is available. Parents are responsible for the supervision and safety of their children. If you have any questions, please contact our Family Relations Graduate Assistant, Lauren Karr, at 333-5656 or LKarr1@illinois.edu.

Cinco de Mayo

Come to the **Community Center** on **Thursday, May 7** at **6 p.m.** to learn about Cinco de Mayo. We will have a short history which will be followed by a craft activity.

Close-Knit Community Workshop

The knitting workshop is back! This workshop was run in Orchard Downs in Spring 2008, and was very successful. If you want to learn a new art and an enjoyable form of meditation, then consider signing up for this 3-4 month workshop this summer. Not only will you learn to knit, but you will contribute a pre-determined amount of clothes to others in our community. Upon completion of the first part of the workshop, we will make cable scarves (for you to keep!). A majority of the supplies will be provided to you for the duration of the workshop. Please send questions and register as soon as possible! There are limited spaces. Please write to Sonia at sillybluefrog@yahoo.com.

Little Touch Leap Pad

Do you have a child 6–36 months old? Are you looking for new ways to entertain and educate your child? Then Little Touch Leap Pad is for you. Little Touch Leap Pad introduces your child to the ABCs, letter sounds, numbers, shapes, and colors. Family & Graduate Housing has purchased one Little Touch Leap Pad for residents to check out for up to one week. If you have any questions, please contact Lauren Karr at lkarr1@illinois.edu.

Bowling at the Illini Union Rec Room

On **Monday, May 4**, we will be going bowling at the Illini Union Rec Room. Cost to attend is \$2, which will cover the cost of bowling and shoes. We will meet at the **Family & Graduate Housing office** at **6:30 p.m.** Registration is required. To register for bowling, please email Becca at rtinn2@illinois.edu.

Baby Einstein Video Series

Are you looking for new and fun ways to entertain your infant and toddler? Then we have the answer for you—the Baby Einstein Video Series. Each video explores a new and exciting topic, such as music, nature, and colors, which will hold your child's attention. Each topic is presented using music, puppets, and other visual images. You can come to borrow a video at the **Family & Graduate Housing office**. If you have any questions, please contact Lauren Karr at 333-5665 or lkarr1@illinois.edu.

Mayday Baskets

To bring in the month of May, we will be making “Mayday” baskets. “Mayday” is a tradition celebrating the beginning of spring and has been known as “bringing in the May.” To celebrate, we will be making baskets and flowers to share with family and friends. The event will be held on **Tuesday, May 5** at **6 p.m.** at the **Community Center**.



Did You Mark Your Calendars for Final Fling?

On **Saturday, May 16**, the Final Fling picnic will be held at the **Orchard Downs Community Center**. All are invited to come and enjoy this annual outdoor party with music, carnival games, a bounce house, relays, free picnic lunch, cotton candy and more! The fun begins at noon. It's a big celebration that is sure to be a magical experience for everyone. We hope to see you there! In case of bad weather, the rain date is Monday, May 18. Email Becca at rthinn@illinois.edu for more information.

Krannert Center Tours

Krannert Center for the Performing Arts offers tours of its facilities while the university is in session. This summer, free tours will be offered daily at 3 p.m. while summer courses are in session (but there will be no tours on May 25 or July 3.) Tours typically include information on Foellinger Great Hall and its world-renowned acoustical properties, a behind-the-scenes look at the costume and prop shops, and a visit to the rehearsal spaces and theatres. The Krannert Center is located at 500 South Goodwin Avenue in Urbana. For more information, visit www.kcpa.uiuc.edu.

Japan House

Are you interested in learning about Japanese culture? Visit Japan House, which offers the public an opportunity to learn about traditional Japanese culture through tours, tea ceremonies, and special events through the year. If you would like more information, you can call 244-9934 or email japanhouse@uiuc.edu. Japan House is located at 2000 South Lincoln Avenue in Urbana. Visit the website (www.art.uiuc.edu/galleries/japanhouse) to learn more, including how to participate in a tea ceremony.

University Arboretum

The University Arboretum is a great way to enjoy the beauty of the outdoors without having to travel far from home. Whether your interest is in scenery, natural sciences, horticulture, or just quiet contemplation, the Arboretum has something for you. Located at 1800 South Lincoln Avenue in Urbana, the Arboretum is open daily from sunrise until sunset. Admission is free. Call (217) 333-7579 for information or to schedule tours.

Swing Dance Lessons

The Swing Society at the University of Illinois promotes the education and enjoyment of various swing dance styles within the community of Champaign-Urbana. They hold dances, organize workshops, and offer lessons teaching both East Coast Swing and Lindy Hop. The Swing Society will be offering lessons this summer. Times and locations for lessons, as well as general information about the Swing Society, are posted on www.cu-swing.org.

Are you a new or returning student to the U of I? Do you need an inexpensive car to get around Champaign-Urbana? Well, Worden Martin Nissan has the car for you! We offer new and used, imports and domestic cars. We have the car that fits your needs! All U of I students receive special Worden Martin employee discounts and rebates. Contact Jonathan Patterson at 217-352-8910 or at jpatterson@wordenmartin.com for more information and to receive the special pricing. (This is a paid advertisement.)



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WWW.ODFHC.ORG

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What is the FHC?

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

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MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents. MultiCultural Health Center office hours will be held on **Wednesdays** from 10:30 a.m. to 1:30 p.m.

CCCHC Thursday Clinic/HeRMES Thursday Clinic

The Champaign County Christian Health Center (CCCHC) offers clinic services the **2nd and 4th Thursday of the month from 6 to 8 p.m.** for walk-in appointments at the MCHC. The clinic will be staffed with a physician and/or a nurse practitioner. Services will include, but not be limited to: general health concerns, physical exams, nutrition education, referrals to community services, skin problems, exercise and weight management, colds or other respiratory infections, medical screenings, and more.

The HeRMES Thursday Evening Clinic (**1st and 3rd Thursdays 6 to 8 p.m. at the MCHC**) provides primary physician care. Treatment is offered for many health concerns, including, but not limited to, general health issues, nutrition education, preventive health care, seasonal colds and the flu, other respiratory infections, aches and pains, and much more.

Please take advantage of these free services. For more information, please contact CCCHC at 398-2914, visit www.ccchc2003.org, or contact MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

Women, Infants and Children (WIC) Services

This program is offered **every other Friday from 1 to 4 p.m.** at the **MultiCultural Health Center**. These services are provided for women, infants, and children, and are offered by the Champaign Urbana Public Health District. Established clients have access to case managers and coupons. Coupon distribution and arrangement must be made in advance with Cathy Ito, R.N., M.S., at cito@c-uphd.org. Services for WIC participants include supplemental nutritious foods, nutrition education and counseling at WIC clinics, and screenings and referrals for other health services, welfare, and social services. Additional medical screenings can be made at CUPHD (www.cuphd.org). For more information, contact Cathy Ito (cito@c-uphd.org, 531-4311) or MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

The MCHC also offers a weigh-in program for infants. Bring your baby to the MultiCultural Health Center **every other Friday from 1 to 4 p.m.** to have your baby's weight checked. We will also be distributing cards that will enable you to keep track of your baby's weight. If you have any questions about this program, please email Paul Morgan at pamorgan1@gmail.com.

NEIGHBORLY NEWS

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Family & Graduate Housing
Family Housing Council
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