



Neighborly News



Family Housing Council

Vol. 35 Iss. 14 • April 4, 2008

Weekly Reminders

Saturday, April 5

Sewing Room 10am at LRC
Movie & a Snack 1pm at FRC

Sunday, April 6

Ping Pong Tournament Practice 1pm at CC
REGISTRATION REQUIRED

Monday, April 7

Latin American Film Festival 6pm at FGH
REGISTRATION REQUIRED

Tuesday, April 8

Parent/Child Playgroup 10am at FRC
Cooking Club 2pm at CC
Visa Info Session 6:15pm at FGH
REGISTRATION REQUIRED

Wednesday, April 9

Meijer Trip 5:45pm at FGH
Spurlock West African Dance 6:30pm at FGH
REGISTRATION REQUIRED

Thursday, April 10

Scrapbooking 7pm at CC
REGISTRATION REQUIRED

Friday, April 11

Yoga 11:30am at FGH
REGISTRATION REQUIRED
Ping Pong Tournament 6pm at CC
REGISTRATION REQUIRED

Pest Control:

On Monday, April 7, apartments 2014: A-D; 2016: A-D; 2020: A-D; and 2022: A-D will be treated. On Friday, April 11, apartments 2024: A-D; 2030: A-D; 2032: A-D; and 2034: A-D will be treated. To request treatment, visit the website below.

Submit Maintenance Requests to:

<http://iservice.housing.uiuc.edu>

FHC Monthly Public Meeting

The next FHC meeting will be held on Friday, April 25 at 5:45pm at the CC. Join us for snacks and drinks. All residents are welcome.

Resident Appreciation Night

Thank you to all of the residents who attended the Resident Appreciation Night on Monday, March 24. We had an excellent turnout! We would like to acknowledge the winners that received prizes at the event:

Xiao Chen	Ying Deng	Rachel Ravat
Limin Dong	Peiping Du	Uma Ravat
Laila Zaidi	Alyssa Nevin	Brett Graham
Sushmitha Durgam	Yunxza Wang	Yong Fu
Minwei Lu	Liang Liu	Jun Liu
Qian Li	Xiaolu Jin	Xing Jian
Wei Ye		

We would also like to acknowledge and thank the area businesses that donated items to make our Appreciation Night a success!

Illini Union Recreation Room	TIS Bookstore
Staerkel Planetarium at Parkland College	UI Ice Arena
Virginia Theater	Espresso Royale
Moonstruck	Dairy Queen
Old Orchard Lane	Strawberry Fields
Steak and Shake	Family & Graduate Housing

Community Aide Position Available

Community Aides (CA) are residents within the Orchard Downs community who act as a liaison between the people in their surrounding area and the Family & Graduate Housing office. The CA position for Neighborhood 11 (Apartments 2114-2202) is open for the June 2008 through May 2009 appointment. Reappointment is available for Community Aides who complete their job responsibilities and have a satisfactory evaluation. Ways in which Community Aides fulfill their responsibilities include, but are not limited to:

- Greeting new residents in their area and helping them become acquainted to the Urbana Champaign community
- Encouraging social interaction and well-being among community members through various efforts
- Responding to resident conflicts and complaints
- Attending staff meetings and training

A full-length job description and applications for Community Aide positions in Orchard Downs are now available in the Family & Graduate Housing office. The CA will receive a monthly rent reduction of \$500. The quality of your application will determine if you will receive an interview, and applicants living in the open neighborhood will receive priority in the interviewing process. Visiting scholars (on J1 visas) are not eligible for this position. If you wish to apply with your spouse/partner, you must each fill out an application. If you have additional questions about these positions, please contact Indira Rajagopalan at 333-5663 or indira@uiuc.edu. Please return your completed application to the **Family & Graduate Housing office by Friday, April 11 by 5pm.**



Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at famhous@uiuc.edu or 333-5656.

Cooking Club

Do you like to try new recipes and eat good food? Then Cooking Club is for you! Cooking Club is held on **Tuesdays** at the **Community Center** from **2-3pm**. Children are always welcome; however, no child care assistance is available. Parents are responsible for the supervision and safety of their children. If you have questions, please contact Amanda at 333-5656 or amandaj@uiuc.edu.

Movie and a Snack

Join us on **Saturday, April 5** at **1pm** at the **Family Resource Center (1834-A)** as we watch "An Inconvenient Truth" in honor of this month's Earth Day. This award-winning documentary features former Vice President Al Gore, as he informs us about the impact of global warming and what we can do to help heal the earth. In addition to the movie, we will be enjoying some delicious healthy snacks and as always, good company. Hope to see you there!

Japan House Open House

On **Saturday, April 12**, Japan House will be holding its annual Spring Open House. The event features tea ceremonies, tours of the garden, and various traditional Japanese cultural and art displays and demonstrations. We will leave from the **FGH Office** at **12:30pm** and will return at 3pm. Registration is required for this event. If you have any questions or would like to register, please contact Carie at cbiresc2@uiuc.edu.

Shopping trip to Aldi & Wal-Mart

The Community Aides are organizing a shopping trip to Wal-Mart and Aldi for our residents on **Saturday, April 5** from **6 to 9pm**. Residents will meet outside the **FGH Office** to board the van at 6pm. Please remember that Aldi store accepts only cash and debit cards. Aldi store does not accept credit cards. If you have any questions, please email Abdu at azouhir@gmail.com.

Parent/Child Playgroup

Parent/Child Playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Children should be 5 years old or younger. Playgroup is held on **Tuesdays** from **10-11:30am**. Please contact Amanda with any questions at amandaj@uiuc.edu or 333-5665.

Shop at Steve & Barry's Clothing Store

The Community Aides are organizing a shopping trip to Steve & Barry's on **Saturday, April 5** from **10am to 1pm**. Residents will meet outside the **FGH Office** to board the van at 10am. Steve & Barry's is all about great clothing at very economical prices for men, women and children. It is located at 913 West Marketview Drive, Champaign. For details about the store, visit www.steveandbarrys.com. For questions about this shopping trip, contact Community Aide Margaret Njeru at njeru@uiuc.edu.

Visa Information Session

Are you graduating this May? Are you planning on returning home or traveling for the summer? Then you may want to join us on **Tuesday, April 8** at 6:30pm for an informational session hosted by International Students and Scholars Services and held at Goodwin-Green Lounge on campus. A representative from ISSS will be available to answer all of your questions related to visas and traveling for the upcoming summer vacation. Transportation will be provided to this event. We will be leaving from the **FGH Office** at **6:15pm** and will return around 7:30pm. Refreshments will also be provided at the event. If you have any questions, or would like to register, please contact Carie at cbiresc2@uiuc.edu. See you there!

Scrapbook Event

Do you have extra pictures but are not sure what to do with them? Then come to the community center on **Thursday, April 10** at **7pm** to scrapbook. All materials will be provided; all you need to bring are your pictures. Registration is required for this event. Please email Samantha at kunze@uiuc.edu by April 8 to register.

Rhythms and Dances of Africa

On **Wednesday, April 9** at **6:30pm**, we will leave the **FGH Office** and go to the Spurlock Museum for a free drum and dance performance by the Afrikania Culture Troupe of Ghana, West Africa, featuring Midawo Gideon Foli Alorwoyie. Alorwoyie is founder and Artistic Director of the Afrikania Cultural Troupe of Ghana, West Africa, an association dedicated to the preservation of the indigenous ritual music and dance of the Ewe-Anlo speaking people of Ghana. Note: Although this is a free performance, there is an optional \$5-10 suggested donation to help support the Afrikania Cultural Troupe's efforts. To sign up for this event, please contact Amanda at amandaj@uiuc.edu as soon as possible.

Latin American Film Festival

Join us on **Monday, April 7** as we travel to Boardman's Art Theatre for a viewing of "Alice's House," a film which is showing as part of the Latin American Film Festival. "Alice's House" is a film from Brazilian director Chico Teixeira and is 92 minutes long. For more information about the film and the film festival, please visit www.clacs.uiuc.edu/news/filmfestival/index.html. Registration in advance is required! Cost to see the movie will be discounted by FGH. A student ticket price will be \$3 and non-students will be \$4. We will meet at **6pm** at the **FGH Office** to travel to the theatre, at which time you may pay for your ticket. Please bring correct change. Tickets will be reserved Monday, April 7 at noon, so please email Carie at cbiresc2@uiuc.edu in order to register by that time. Any registrations received after noon on Monday will not be accepted. Feel free to contact Carie at cbiresc2@uiuc.edu with any questions.



Community Event at Crystal Lake Park

Rape Crisis Services is organizing a community event called Kidapolooza that will provide a day of fun and safety for children and families in the Champaign-Urbana community. Kidapolooza will be held at **Crystal Lake Park** in Urbana from **9am to 4pm** on **Saturday, April 12** as a part of Child Abuse Prevention Month.

The purpose of the event is to raise awareness about child abuse through related fun activities, community resources, and prevention methods. All activities will be free to the community.

The event will include:

- Local advocacy agencies providing various resources
- Educational workshops on bullying prevention and stranger awareness
- Arts and crafts that promote awareness of child abuse
- Face-painting and inflatable play places for kids to jump in
- Performances such as puppet and magic shows from local organizations
- Drinks and snacks

Rape Crisis Services is located at 310 West Church Street in Champaign.

Exciting, Free Health Related Events

On **Tuesday, April 22**, the McKinley Health Center's Special Populations Student Health Concerns Committee (SPSHCC) will be hosting its 15th Annual Health Fair. SPSHCC committee is a registered student organization and has been active in the campus for several years. The health fair will be at **Illini Union, rooms A, B and C** from **10am to 3pm**. The health fair is very comprehensive and is designed to provide a variety of free learning experiences to students in health/allied health careers.

It is also designed to promote illness prevention and general wellness. Some of the key services already planned include: blood pressure screenings, cholesterol screenings, and massages. There will be exhibitions and demonstrations that range from fitness to karate and judo. Information booths on nutrition, stress management, fitness, sexual health, cosmetology, and general wellness will also be available.

Participating agencies include McKinley Health Center, Christie Clinic, Provena Covenant Medical Center, the Champaign-Urbana Public Health District, Planned Parenthood Center, and some private health services (chiropractors, exhibitors, health career agencies, and several other campus and local social agencies).

All services are free!

On **Sunday, April 20**, at **4pm** at **Foellinger Auditorium** the McKinley Sexual Health Peers will co-sponsor the stage play "What You Don't Know Can Kill You." It is free and attendees will be given a chance to win a laptop computer.

Treat yourself to Authentic Ethnic Foods

Please join the Community Aides on **Sunday, April 6** as we take a trip through several ethnic food stores in Champaign such as World Harvest and Amko. We hope that these stores will offer you some of the products you may have been looking for but didn't know where to find them. The stores offer Chinese, Indian, Korean and several other ethnic foodstuffs that may be very similar to what you find in your home countries. We will leave from the **FGH Office** at **1:50pm** and return by 4:30pm. Transportation is provided and this service is free. Registration is required. If you have any questions or would like to register, contact Leonard by at muaka@uiuc.edu.



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What is the FHC?

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

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MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents.

Thursday Clinic Services

The Champaign County Christian Health Center (CCCHC) offers clinic services **every Thursday of the month** from 6 to 9pm for walk-in appointments at the MCHC. The clinic will be staffed with a physician and/or a nurse practitioner. Services will include, but not be limited to, the following: general health concerns, physical exams, nutrition education, referrals to community services, skin problems, exercise and weight management, colds or other respiratory infections, medical screenings, and more. For more information, please contact CCCHC at 398-2914, visit www.ccchc2003.org, or contact the MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

Women, Infants and Children (WIC)

This program is offered **every other Friday afternoon** from 1 to 4pm at the **MultiCultural Health Center**. These services are provided for women, infants and children, and are offered by the Champaign Urbana Public Health District. Established clients have access to case managers and coupons. Coupon distribution and arrangement must be made in advance with Cathy Ito, R.N., M.S. You can reach Cathy by email at cito@cupdh.org or over the phone at 531-4311.

Services for WIC participants include: supplemental nutritious foods, nutrition education and counseling at WIC clinics, and screenings and referrals for other health services, welfare, and social services. Additional medical screenings can be made at CUPHD (www.cuphd.org). For more information, contact Cathy Ito or MCHC graduate assistant Paul Morgan at pamorgan1@gmail.com.

Women's Health Clinic/Planned Parenthood

This program is offered on the **second Wednesday evening of every month** from 6 to 8pm. Services are provided by Planned Parenthood of east central Illinois with fees based on income level for the following services (include but not limited to): Annual gynecological exams, fertility and contraceptive counseling, sexually transmitted infection

NEIGHBORLY NEWS

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