



Neighborly News

Family Housing Council

Vol. 34 Iss. 9 • February 29, 2008



Weekly Reminders

Saturday, March 1

Sewing Room 10am at LRC
Movie & a Snack: India 1pm at FRC

Monday, March 2

Sam's Club Trip 10am at FGH
Krannert Art Museum Trip 2pm at FGH
REGISTRATION REQUIRED

Tuesday, March 4

Parent/Child Playgroup 10am at FRC
Cooking Club 2pm at CC
Movie at Champaign Library 6:30pm at FGH

Wednesday, March 5

Around the World Wednesdays 10am FGH
REGISTRATION REQUIRED

Pest Control:

On Monday, March 3, apartments 1807: A-D; 1808: A-D; 1810: B; 1811: B; 1812: A; and 1813: A-D will be treated. On Friday, March 7, apartments 1814: A-D; 1815: A; 1816: B; 1817: A; 1818: A; 1821: A; 1822: B; 1823: B; 1824: A; and 1825: A-D will be treated. To request treatment, visit the website below.

Submit Maintenance Requests to:

<http://iservice.housing.uiuc.edu>

FHC Monthly Public Meeting

The next FHC meeting will be held on Friday, February 29 at 5:45pm at the CC. Join us for snacks and drinks. All residents are welcome.

Lease Renewal is Online!

It's Fast. It's Easy. It's Convenient.

Looking for a fast, easy, and convenient way to renew your lease for next year? Family & Graduate Housing Online Lease Renewal is **April 1– April 30, 2008** and is your opportunity to secure housing for next year before the time crunch of finals occurs.

As you begin making your housing plans for next year, we encourage you to consider the following benefits you'll continue to enjoy in Family & Graduate Housing:

- A safe, convenient, and attractive community
- Computer Centers in Orchard Downs and Goodwin-Green, open 7 days a week
- Hundreds of programs and activities offered each year for residents of all ages
- Friendly, knowledgeable office and facilities staff that is ready and available to assist you
- Diverse and multicultural community
- Excellent live-in Community Aide staff and Complex Director
- Exceptional pre-school and free after-school program for children in Orchard Downs
- MultiCultural Health Center available to all residents
- 24 hour emergency maintenance service available at your fingertips

Renew your lease online at your convenience from April 1 through April 30 just by visiting our web site at www.housing.uiuc.edu/FHLR. The site also provides the option for you request an apartment transfer or to let us know what your planned vacated date will be because you will be leaving. Find out more by visiting the FGH Lease Renewal Information site for a preview of the process at www.housing.uiuc.edu/FHLR/Information. The site includes details about how to renew online, how to set up a personal password, new rates for 2008-2009, and much more.

Feel free to contact the Family & Graduate Housing Office at 333-5656 during regular business hours with any questions. You can also email us at famhous@uiuc.edu. As always, if you prefer to renew your lease in person, just stop by the office and we'll be glad to help.

You are an important part of our Family & Graduate Housing community. We hope that you will make us your housing choice for the 2008-2009 academic year.



Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at famhous@uiuc.edu or 333-5656.

Parent/Child Playgroup

Parent/Child Playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Children should be 5 years old or younger. Playgroup is held on **Tuesdays** from **10-11:30am**. Please contact Amanda with any questions at amandaj@uiuc.edu or 333-5665.

Cooking Club

Do you like to try new recipes and eat good food? Then Cooking Club is for you! Cooking Club is held on **Tuesdays** at the **Community Center** from **2-3pm**. Children are always welcome; however, no child care assistance is available. Parents are responsible for the supervision and safety of their children. If you have questions, please contact Amanda at 333-5656 or amandaj@uiuc.edu.

Movie & a Snack: India

This month at Movie & a Snack, Orchard Downs resident Prasad will be cooking a yummy Indian dish, and we will watch the film "Monsoon Wedding." Join us at **1pm** on **Saturday, March 1** at the **Family Resource Center (1834-A)** for an enjoyable afternoon. Please note: this month's event may not be suitable for children, as it is rated R and is 114 minutes long. If you have any questions, please contact Carie at cbiresc2@uiuc.edu or Amanda at amandaj@uiuc.edu.

Krannert Art Museum Trip

Join us on **Sunday, March 2** as we travel to the Krannert Art Museum from **2-4pm**. This event is free of charge, but registration is required. Transportation will be provided and we will leave at **2pm** from the **FGH Office**. If you have any questions, or would like to register, contact Carie at cbiresc2@uiuc.edu.

Free Movie at the Champaign Public Library

The Champaign Public Library will be showing the film "October Sky" on **Tuesday, March 4** at 7pm at their brand new location! We will leave for the library at **6:30pm** from the **FGH Office** and plan on returning around 9pm. If you are not interested in the movie, but would still like to visit the library, you are more than welcome to join us. For more information about "October Sky" please visit www.imdb.com/title/tt0132477/. If you have questions about this event or would like to register, please contact Carie by email at cbiresc2@uiuc.edu.

Around the World Wednesdays at Spurlock Museum

Around the World Wednesdays is a program for kids and parents, which features crafts and activities from around the world. On **Wednesday, March 5** we will be leaving from the **FGH Office** at **10am** and plan on returning around 11:30am. Transportation is provided and the event is free of charge. Registration is required. If you have any questions or want to register, please contact Carie at cbiresc2@uiuc.edu.

Sam's Club Shopping Trip

Join the Community Aides for a trip to Sam's Club on **Sunday, March 2**. We will be leaving from the **Family & Graduate Housing Office** at **10am**, and will be back by noon. Sam's Club is a wholesale store affiliated with Wal-Mart. We will provide a membership card to get you in to do the shopping. Contact Elahe at ejavadi2@uiuc.edu with any questions. For more information about the store, visit their website at www.samsclub.com/shopping/index.jsp.

Little Touch Leap Pad

Do you have a child 6-36 months old? Are you looking for new ways to entertain and educate your child? Then Little Touch Leap Pad is for you. Little Touch Leap Pad introduces your child to the ABCs, letter sounds, numbers, shapes, and colors. Family & Graduate Housing has purchased one Little Touch Leap Pad for residents to rent. You may check out the leap pad for one week. Contact the Family & Graduate Housing Office if you are interested in learning more.

Welcome to the World

At Family & Graduate Housing, we consider babies to be a joy. It is for this reason that we would like to welcome your newborn into the Orchard Downs community with a complimentary gift package. This is our way of saying, "Welcome to the World!" If you have recently welcomed a new baby into your family, please contact Amanda Johnson by phone at 333-5665 or by email at amandaj@uiuc.edu.



Storage: Where can I put my things?

You can help make Orchard Downs remain a safe and clean place to walk by keeping your bicycles, strollers, tricycles, outdoor toys, grills, etc. out of stairways, corridors and entryways. Wheeled items may be stored outside near the bicycle racks provided they have an FGH registration sticker, which is available free from the FGH Office during normal business hours. Grills must be stored near the buildings clear of any sidewalks with a valid sticker. Only lawn furniture and flower containers may be stored on balconies.

Items stored outside improperly are subject to tagging and then removal. Thank you for your cooperation!

You can find more detailed information about outdoor items including bicycles, stickers and grill use in the Family & Graduate Housing Resident Handbook at www.housing.uiuc.edu/online/browse/fg_h_handbook.pdf.

Dental Hygiene Clinic at Parkland College

Visit the Parkland College Dental Hygiene Clinic and for \$10 you can receive dental examinations, oral hygiene instruction, medical history reviews, cleaning, fluoride treatments, and X-rays. Each appointment is approximately one to one-half hours long and must be made in advance by calling 217-351-2221. Please arrive at the clinic 5 to 10 minutes prior to your appointment. Be aware that babysitting is not available. There is no charge to children under 12, adults over 62, Medicaid recipients, or Public Aid recipients. Children under the age of four cannot be treated. The dental hygiene clinic is open **Monday through Friday from 8am to 5pm**. The clinic is closed on Saturdays and Sundays. The clinic is located at 2400 West Bradley Avenue in Champaign. For more detailed information, visit www.parkland.edu/hp/dental/clinic.html.

Pedestrian Safety

Without a vehicle or protective equipment, pedestrians are the roadway users most at risk in traffic. Drivers and pedestrians are both responsible for traffic safety. A simple rule is that drivers should always be prepared to yield the right-of-way to pedestrians. Important laws and safety tips pedestrians should know include:

Traffic Signals, Walklights, and Crossings: Pedestrians must yield the right-of-way to drivers by obeying traffic signals, observing walk lights, and using crosswalks. The pedestrian signals are:

Walk (constantly lighted): Pedestrians facing the signal may cross the roadway in the direction of the signal.

Don't Walk (flashing): Pedestrians may not start entering the roadway. Any pedestrian who has partly completed his cross during the constantly lighted WALK may continue to a sidewalk or safety island.

Don't Walk (constantly lighted): Pedestrians may not enter the roadway.

Yellow Light (constant): Pedestrians may not cross unless directed by a pedestrian control sign or police officer.

Crossing A Road: When crossing at any place other than a marked or unmarked crosswalk, pedestrians must give the right-of-way to drivers. This includes between closely-spaced intersections where traffic signals are in operation.

Roadways: Pedestrians must not walk on a roadway unless there is no sidewalk or shoulder next to it. Under these conditions, pedestrians should always walk as close to the outside edge of the road as possible. In two-way traffic, pedestrians should walk facing oncoming traffic.

Joggers and Walkers: Joggers and walkers should use jogging paths when provided. On public roads, joggers should try to select wide roads with good shoulders. They should face oncoming traffic and remember to look and listen for cars. At night or anytime visibility is poor, joggers and walkers should be in well-lighted areas and wear reflective clothing.

Moving Vehicles: Pedestrians must not run or walk into the path of a moving vehicle.

Emergency Vehicles: Pedestrians should always yield to emergency and police vehicles using sirens and or flashing lights.



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WWW.ODFHC.ORG

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What is the FHC?

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

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MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents.

Planned Parenthood

This service provides sexual and reproductive health care **every second Wednesday of the month** from 6 to 8pm.

Mobile Clinic by CUPHD

Mobile programs and services are a wide variety of affordable programs offered by Champaign-Urbana Public Health District (CUPHD) to meet residents' health care needs. This mobile program will be offered **once every month on a Thursday** from 2-4pm on the **South Laundry parking lot closest to the MCHC**. Please refer to Orchard Downs calendar for the clinic service schedule. Some of the services that will be offered include Illinois Diabetes Control Program, Illinois Breast and Cervical Cancer Programs, HIV and STD screening, smoking cessation information, disease management education, blood pressure checks, referrals into other programs, and Immunizations. For details, please email mchc@uiuc.edu.

Women, Infants and Children (WIC)

This program will be offered **every other Friday afternoon** from 1 to 4pm at the **MultiCultural Health Center**. These services are provided for women, infants and children, and are offered by the Champaign Urbana Public Health District. Some of the services provided to WIC participants include supplemental nutritious foods, nutrition education and counseling, screening and referrals for other health services, welfare, and social services. For more information, email mchc@uiuc.edu.

Thursday Clinic Services

The Champaign County Christian Health Center (CCCHC) offers clinic services on the **second and fourth Thursday evenings of the month** from 6 to 9pm. The clinic will be staffed with a physician and/or a nurse practitioner. For more information, please email mchc@uiuc.edu.

NEIGHBORLY NEWS

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