



Neighborly News

Family Housing Council

Vol. 34 Iss. 4 • January 25, 2008



Weekly Reminders

Saturday, January 26

Sewing Room 10am at LRC

Sunday, January 27

New Resident Reception 6pm at CC

Monday, January 28

Meijer Trip 5:45pm at FGH

Tuesday, January 29

Parent/Child Playgroup 10am at FRC

Cooking Club 2pm at CC

Book Club 6:30pm at FGH

Wednesday, January 30

Black Chorus 11:30am at FGH

Friday, February 1

Kids Night Out 6:30pm at CC

REGISTRATION REQUIRED

Pest Control:

On Friday, February 1, apartments 2104: 101-104; and 2106: 101-104, 201-204, and 301-304 will be treated. To request treatment, visit the website below.

Submit Maintenance Requests to:

<http://iservice.housing.uiuc.edu>

FHC Monthly Public Meeting

The next FHC meeting will be held on Friday, January 25 at 5:45pm at the CC. Join us for snacks and drinks. All residents are welcome.

Kids Night Out

All kids are invited to join us on **Friday, February 1** from **6:30-8:30pm** at the **Community Center** for Kids Night Out! This will be a great opportunity for parents to get a couple of hours to themselves while the kids hang out, play games, and watch movies. This event is free of charge and food will be provided. Registration is required. If you have any questions or would like to register, please contact Carie at cbiresc2@uiuc.edu or Samantha at kunze@uiuc.edu.

IHC English Conversation Classes

The International Hospitality Committee (IHC) English Conversation Classes spring schedule is now available at the **Family Housing Office**. Most of the classes begin the **week of January 14** and are over by the **end of April**. Classes are held weekly and are free. For location, times, dates and teachers, see the schedule. To receive an electronic copy (PDF) of the schedule, please email Carleen Sacris at cnsacris@gmail.com.

Community Aide Position Available

Community Aides (CA) are residents within the Orchard Downs community who act as a liaison between the people in their surrounding area and the Family & Graduate Housing Office. The CA position for Neighborhood 3 (Apartments 1902-1934) is open for the February 2008 through May 2008 appointment. Reappointment is available for Community Aides who complete their job responsibilities and have a satisfactory evaluation. Ways in which Community Aides fulfill their responsibilities include, but are not limited to:

- Greeting new residents in their area and helping them become acquainted to the Urbana-Champaign community
- Encouraging social interaction and well-being among community members through various efforts
- Responding to resident conflicts and complaints
- Attending staff meetings and training

Full-length job description and applications for Community Aide positions in Orchard Downs are now available in the Family & Graduate Housing office. CAs receive a monthly rent reduction of \$500. The quality of your application will determine if you will receive an interview, and applicants living in the open neighborhood will receive priority in the interviewing process. Visiting scholars (on J1 visas) are not eligible for this position. If you wish to apply with your spouse or partner, you must each fill out an application. If you have additional questions about these positions, please contact Indira Rajagopalan at 333-5663 or indira@uiuc.edu. Please return your completed application to the **Family & Graduate Housing Office** by **Friday, January 25, 2008 by 5pm**.



Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at famhous@uiuc.edu or 333-5656.

Black Chorus at Krannert

Orchard Downs residents will be taking a trip Krannert Center for the Performing Arts on **Wednesday, January 30 at 11:30am**. The Black Chorus has a reputation for providing enjoyment through excellence with their inspiring concerts and high standards of musical performance. We will be taking the MTD bus so U of I students, faculty, staff, and MTD bus-pass holders ride for free, but all others will be responsible for the cost of transportation, which is \$2. Please email Samantha at kunze@uiuc.edu to register for this event and if you have any questions. Hope to see you there!

Cooking Club

Do you like to try new recipes and eat good food? Then Cooking Club is for you! Cooking Club is held on **Tuesdays** at the **Community Center** from 2-3pm. Children are always welcome; however, no child care assistance is available. Parents are responsible for the supervision and safety of their children. If you have questions, please contact Amanda at 333-5656 or amandaj@uiuc.edu.

Yoga at Krannert

Join us as we travel to the Krannert Art Museum for a relaxing lunchtime yoga class on **Friday, January 25**. We will leave from the **FGH Main Office** at 11:30am and should return shortly after 1pm. You will need to wear comfortable clothes. There will be a limited amount of yoga mats available for loan from FGH. This event is free, but registration is required. Transportation will be provided. If you have questions or would like to register, please contact Carie at cbiresc2@uiuc.edu.

Close “Knit” Community Workshop

If you want to knit, this is a great workshop for you. We are going to make a baby sweater over the course of 4-7 weeks. But first, we’re going to learn to knit and practice by knitting for our community! There will be several things you can choose to knit and contribute. If you are interested, please email Sonia at sillybluefrog@yahoo.com.

Welcome to the World

At Family & Graduate Housing, we consider babies to be a joy. It is for this reason that we would like to welcome your newborn into the Orchard Downs community with a complimentary gift package. This is our way of saying, “Welcome to the World!” If you have recently welcomed a new baby into your family, please contact Amanda Johnson by phone at 333-5665 or by email at amandaj@uiuc.edu.

Parent/Child Playgroup

Parent/Child Playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Children should be 5 years old or younger. Playgroup is held on **Tuesdays** from 10-11:30am. Please contact Amanda with any questions at amandaj@uiuc.edu or 333-5665.

Book Club

The next meeting for Book Club will be at **6:30pm** on **Tuesday, January 29** at the **FGH Office**. If you are interested in joining the group or have any questions, contact Carie at cbiresc2@uiuc.edu.

FHC Monthly Public Meeting

All Orchard Downs residents are encouraged to attend the next Family Housing Council Monthly Public Meeting, which will take place on **Friday, January 25 at 5:45pm** in the **CC**. Snacks and drinks will be provided. The Family Housing Council is made up of residents who work to make Orchard Downs a comfortable, great place to live. If you cannot attend the meeting, remember that the FHC Public Meeting minutes are published monthly in the Neighborly News. The minutes will give you up-to-date information on council operations and important issues that affect the whole community.



Tea Ceremonies at Japan House

Tea ceremonies are held at Japan House on the **second and fourth Thursday** of the month. The next tea ceremony will be on **Thursday, February 14**. Cost is \$5 per person. Reservations are required—please call 244-9934 or email japanhouse@uiuc.edu. Japan House will also be offering tours on **Thursdays from 1–4pm** and on the **third Saturday of each month from 1–5pm**. There is no fee or reservation required for a tour. Japan House is located at 2000 S. Lincoln Avenue in Urbana. For more information, visit <http://japanhouse.art.uiuc.edu/>.

Films at the Virginia Theatre

The historic Virginia Theatre in downtown Champaign hosts a variety of events throughout the year, including classic and contemporary film showings. Here are the films that will be shown during the month of January:

Thursday, January 29 (\$2) at 7pm and Friday, January 30 (\$3) at 7pm: “American Gangster” (2007)

Saturday, February 16 at 1pm and 7pm: “Citizen Kane” (1941); \$5 per ticket

Tuesday, February 19 (\$2) and Thursday, February 21 (\$3) at 7pm: “I am Legend” (2008)

For more information and directions to the theatre, visit www.thevirginia.org or call the ticket line at 356-9063.

Cosmopolitan Club Coffee Hours

Are you interested in meeting people from different cultures? The Cosmopolitan Club holds international coffee hours throughout the fall and spring semester. At these events, coffee, tea, and homemade ethnic desserts are served. International and American students, both club members and non-members, are all welcome. Coffee hours are good opportunities to meet people from around the world and to learn about other cultures. The club is located at 307 East John Street in Champaign. You can learn more about Cosmopolitan Club and check out the spring coffee hour schedule at www.prairienet.org/cosmo. The next event will be Lebanese coffee hours, held on **Thursday, January 31**, and Thai coffee hours, held on **Thursday, February 7**. Both events will be held from **7:30 to 9:30pm**.

Around the World Wednesdays

Parents and kids: create, play, and learn together through crafts and activities from around the world! Each week of the spring series will cover a different part of the world. Arrive anytime between 9:30 and 11:30am. The program ends at noon. This event is held on the following **Wednesdays at the Spurlock Museum: February 6, 13, 20, 27, and March 5 and 12**. The museum is located at 600 South Gregory Street in Urbana. For more information about this event or the museum’s exhibits, visit www.spurlock.uiuc.edu.

Tips For Safer Sledding

What better way to enjoy all the snow than to go sledding down our hill? If you have been sledding or will be trying it this winter for the first time, please be careful. Sledding causes more than 55,000 injuries per year and many injuries are to the head. To keep your family safe, follow these simple guidelines:

- All kids under 12 should wear a bicycle helmet over a warm cap while sledding.
- Sled where the sledding run ends in an open, flat area—not a street, parking lot, drop-off, or pond.
- Sled on low inclines and smooth terrain if your toddler is sledding.
- Always have an adult around to supervise the sledding.
- Always encourage children to sled feet first. This will help to prevent head injuries and will help your child to stop and steer when they need to.
- Only sled on hard plastic, wooden, or inner tube materials. Plastic sheets or other materials could be pierced by objects in the ground.

Following these guidelines will help to prevent you and your family from unnecessary accidents, so that you can fully enjoy the snow and sledding. Happy sledding!



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What is the FHC?

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

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MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents.

Planned Parenthood

This service provides sexual and reproductive health care **every second Wednesday of the month** from 6-8pm.

Mobile Clinic by CUPHD

Mobile programs and services are a wide variety of affordable programs offered by Champaign-Urbana Public Health District (CUPHD) to meet residents' health care needs. This mobile program will be offered **once every month on a Thursday** from 2-4 pm on the **South Laundry parking lot closest to the MCHC**. Please refer to Orchard Downs calendar for the clinic service schedule. Some of the services that will be offered include Illinois Diabetes Control Program, Illinois Breast and Cervical Cancer Programs, HIV and STD screening, smoking cessation information, disease management education, blood pressure checks, referrals into other programs, and Immunizations. For details, contact Lin Yang at linyang3@uiuc.edu.

Women, Infants and Children (WIC)

This program will be offered **every other Friday afternoon** from 1 to 4pm at the **MultiCultural Health Center**. These services are provided for women, infants and children, and are offered by the Champaign Urbana Public Health District. Some of the services provided to WIC participants include supplemental nutritious foods, nutrition education and counseling, screening and referrals for other health services, welfare, and social services. For more information, contact Lin Yang at linyang3@uiuc.edu.

Thursday Clinic Services

The Champaign County Christian Health Center (CCCHC) offers clinic services on the **second and fourth Thursday evenings of the month** from 6 to 9pm. The clinic will be staffed with a physician and/or a nurse practitioner. For more information, please contact Lin Yang at linyang3@uiuc.edu.

NEIGHBORLY NEWS

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