



# Neighborly News



Family Housing Council

Vol. 34 Iss. 1 • January 4, 2008



## Weekly Reminders

### Saturday, January 5

Sewing Room 10am at LRC  
Urbana Library Trip 2pm at FGH  
REGISTRATION REQUIRED

### Monday, January 7

Swan Lake Registration 6pm at FGH

### Tuesday, January 8

Krannert Art Museum 1pm at FGH  
Cooking Club 2pm at CC

### Wednesday, January 9

Kids' Afternoon Playgroup 3pm at CC  
REGISTRATION REQUIRED

### Thursday, January 10

Parent/Child Playgroup 10am at FRC  
Meijer Trip 5:45 at FGH  
Social Hour 7pm at CC

### Saturday, January 12

Sewing Room 10am at LRC  
Movie and a Snack 1pm at FRC

### Pest Control:

There will be no pest control scheduled for the week of January 7, 2008. To request treatment, visit the website below.

### Submit Maintenance Requests to:

<http://iservice.housing.uiuc.edu>

### FHC Monthly Public Meeting

The next FHC meeting will be held on Friday, January 25 at 5:45pm at the CC. Join us for snacks and drinks. All residents are welcome.

## Kids' Club Spring Registration

Registration for new students who would like to participate in the Kids' Club spring session will be from 5-6pm at the FGH Office. Students who were registered for the fall session will not need to re-register. There are ten available openings for the spring session. Kids' Club will begin January 14.

The Orchard Downs Kids' Club is a free after-school program for children ages 5 to 12. Children must be 5 years of age and in kindergarten. The program is held **Monday through Friday** from 3 to 5:30pm at the **Community Center**.

Kids' Club offers social, recreational, and educational activities for the children. The children also participate in field trips. Registration is on a first come, first served basis. For additional information please contact Sara Jenkins, the Children's Programming Coordinator, at 333-5656 or [jenkins@uiuc.edu](mailto:jenkins@uiuc.edu).

## Mid-Winter Water Fun

You wouldn't think that the middle of winter would be a good time to go swimming...but grab your towels and join Alyssa at the Urbana Indoor Aquatic Center for some indoor heated swimming! With a zero-depth beach entry pool complete with water spouts, a slide, and space for lap swimming, there is something for everyone. We will leave on **Friday, January 11 at 6pm**. Transport may be provided for a limited number of residents. Please email Alyssa at [alyssanevin@hotmail.com](mailto:alyssanevin@hotmail.com) for further details.

## Cosmopolitan Club Coffee Hours

Are you interested in meeting people from different cultures? The Cosmopolitan Club holds international coffee hours throughout the fall and spring semester. At these events, coffee, tea, and homemade ethnic desserts are served. International and American students, both club members and non-members, are all welcome. Coffee hours are good opportunities to meet people from around the world and to learn about other cultures.

The club is located at 307 East John Street in Champaign. You can learn more about Cosmopolitan Club and check out the spring coffee hour schedule at [www.prairienet.org/cosmo](http://www.prairienet.org/cosmo). The next event will be Ukrainian coffee hours, held on **Thursday, January 24** from 7:30 to 9:30pm.



# Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing Office at [famhous@uiuc.edu](mailto:famhous@uiuc.edu) or 333-5656.

## Urbana Free Library Trip

Join us on **Saturday, January 5** as we travel to the Urbana Free Library from **2-4pm**. The library has a wonderful collection of books, CDs, and DVDs available for checkout, as well as a great children's area and cafe. There is no charge for this event and transportation will be provided. Registration is required. If you'd like to learn more about the Urbana Free Library, feel free to visit [www.urbanafreelibrary.org](http://www.urbanafreelibrary.org). For questions about this event or to register, email Carie Bires-Cook at [cbiresc2@uiuc.edu](mailto:cbiresc2@uiuc.edu).

## Krannert Art Museum Trip

On **Tuesday, January 8** we will travel to the Krannert Art Museum, which houses a collection of art from around the world. There is no charge for this event and transportation will be provided. Registration is required. We will leave from the **FGH Office** at **1pm** and will return around 3pm. If you would like more information about the Krannert Art Museum, please visit their website at [www.kam.uiuc.edu](http://www.kam.uiuc.edu). If you have any questions or would like to register for this event, please contact Carie at [cbiresc2@uiuc.edu](mailto:cbiresc2@uiuc.edu).

## Orchard Downs Social Hour

Are you interested in making some new friends? Are you looking for something fun to do while the University is still on break? Then join us at the **Community Center** at **7pm** on **Thursday, January 10** for the Orchard Downs Social Hour. This is a great way to get to know your neighbors and have some fun. Food and drinks will be provided. If you have any questions, please contact Carie at [cbiresc2@uiuc.edu](mailto:cbiresc2@uiuc.edu) or Samantha at [kunze@uiuc.edu](mailto:kunze@uiuc.edu). See you there!

## Movie and a Snack: Japan

This month, we will be exploring Japanese culture at Movie and a Snack. Join us at the **Family Resource Center** at **1pm** on **Saturday, January 12** as we watch the Japanese film Ohayo and have a traditional snack and discussion. If you have questions about this event, please contact Carie at [cbiresc2@uiuc.edu](mailto:cbiresc2@uiuc.edu) or Amanda at [amandaj@uiuc.edu](mailto:amandaj@uiuc.edu).

## Book Club

The next meeting of Book Club will be on **Tuesday, January 15** at **6:30pm**. We will meet at the **FGH Office** in the conference room. If you have any questions about the event, please contact Carie at [cbiresc2@uiuc.edu](mailto:cbiresc2@uiuc.edu).

## Kids' Afternoon Playgroup

With the Orchard Downs Pre-School and Kids' Club on hiatus, many of our youngest residents may be looking for some fun activities. On **Wednesday, January 9** we will be holding an afternoon playgroup for the children of Orchard Downs. Please join us at the **Community Center** from **3 to 5pm** for snacks, games, and fun. Registration is required for this event. If you have any questions or would like to register, please contact Carie at [cbiresc2@uiuc.edu](mailto:cbiresc2@uiuc.edu) or Samantha at [kunze@uiuc.edu](mailto:kunze@uiuc.edu). Hope to see you there!

## Wal-Mart Shopping Trip

The Community Aides are organizing a shopping trip to Wal-Mart for our residents on **Saturday, January 19** from **10am to noon**. Residents will board the van at **FGH Office** at 10am. To reserve a space please email [sdissan2@uiuc.edu](mailto:sdissan2@uiuc.edu). Spaces will be allocated on a first come first serve basis. For questions contact Sahan at [sdissan2@uiuc.edu](mailto:sdissan2@uiuc.edu).

## International Friendship Group Canceled

International Friendship Group will be discontinued for Spring semester. Please check the Neighborly News for programs and other activities. Contact Amanda with any further questions at [amandaj@uiuc.edu](mailto:amandaj@uiuc.edu) or 333-5665.

## Parent/Child Playgroup: Date Change

Playgroups provide an opportunity to learn new activities to do with your children that enhance their growth and development. Children should be 5 years old or younger. Playgroup will resume on **Thursday, January 10** from **10-11:30am** in the **Family Resource Center (apt. 1834-A)**. Please join us for an after-holiday reunion. In the following weeks, Playgroup will be held on Tuesdays from 10-11:30am. Please contact Amanda with any questions at [amandaj@uiuc.edu](mailto:amandaj@uiuc.edu) or 333-5665.

## Cooking Club

Do you like to try new recipes and eat good food? Then Cooking Club is for you. Cooking Club will resume **Tuesday, January 8**. We hope to see you at the **Community Center** from **2-3pm**. Children are always welcome; however, no child care assistance is available. Parents are responsible for the supervision and safety of their children. If you have questions, please contact Amanda at 333-5656 or [amandaj@uiuc.edu](mailto:amandaj@uiuc.edu).



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## Films at the Virginia Theatre

The historic Virginia Theatre in downtown Champaign hosts a variety of events throughout the year, including classic and contemporary film showings. Here are the films that will be shown during the month of January:

**Saturday, January 12 at 1pm and 7pm:** “It’s a Mad, Mad, Mad, Mad World” (1963); \$5 per ticket

**Thursday, January 29 at 7pm (\$2) and Friday, January 30 at 7pm (\$3):** “American Gangster” (2007)

For more information and directions to the theatre, visit [www.thevirginia.org](http://www.thevirginia.org) or call the ticket line at 356-9063.

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## Martin Luther King Jr. Day

On **Monday, January 21, 2008**, Martin Luther King Jr. Day is observed in the United States. He is honored for his work towards equality and civil rights for African-Americans.

Martin Luther King Jr. was born in 1929 and was raised in Atlanta, Georgia. His father was the pastor of the now-famous Ebenezer Baptist Church. Martin Luther King Jr. also became a church minister and was ordained in 1947. In 1954 he became the minister of a Baptist Church in Montgomery, Alabama.

At that time in many parts of the United States, especially in the South, people were treated differently because of the color of their skin. African-Americans were denied equal rights to housing, voting, education, and in many places they could not eat in the same restaurants as other Americans or even choose their own seats on the bus.

Even as a young man Martin Luther King Jr. was aware of this racial discrimination and decided to dedicate his life to trying to change it. He wanted to establish the rightful place of African-Americans as equals in American society. He organized the Southern Christian Leadership Congress, which allowed him to extend the struggle for civil rights throughout the country.

King tried to achieve his goals without the use of violence, and in 1963 he led 200,000 people in a peaceful march on Washington D.C., an event that is still remembered. In 1964 he was awarded the Nobel Peace Prize.

He was a wonderful speaker and made many famous speeches, parts of which are still quoted today. Perhaps the most well-known is his “I have a dream” speech. He was an inspiration to many, and furthered the cause of civil rights.

Martin Luther King, Jr. was assassinated on April 4, 1968 in Memphis, Tennessee. He is remembered with pride and gratitude, and people are reminded that his work is still not finished.

*Information taken from “Patriotic Fun” by Judith Hoffman Corwin and “The USA: Customs and Institutions” by Ethel and Martin Tiersky*

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## Community Information

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### Local Agency for Children: Crisis Nursery

Crisis Nursery is a local agency for child abuse prevention and family support, and it is available 24 hours a day, 365 days a year. It supports young children (newborn through 5 years old) and their families, when no other resources are available to help.

Programs include the following:

- Immediate crisis childcare to keep young children out of harm’s way during critical times of parental stress, illness, or emergencies
- Parent support and parent education groups to enhance self-esteem, parent-child interaction, child management and discipline
- Crisis counseling regarding the immediate situation, and referrals and follow-up services addressing the client’s crisis situation

The Crisis Nursery help line is 337-2730, and the nursery is located at 1309 West Hill Street in Urbana. More information can be found at [www.crisisnursery.net](http://www.crisisnursery.net).

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### What is the FHC?

The Orchard Downs FHC is an organization created to safeguard the interest of the residents of Orchard Downs Family & Graduate Housing.

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# MultiCultural Health Center

2040-A Orchard Street

The MCHC works to deliver culturally sensitive illness prevention and health promotion services to the families of the Family & Graduate Housing community. The Center provides health information, education, insurance information, and referrals to residents.

## Planned Parenthood

This service provides sexual and reproductive health care every second Wednesday of the month from 6-8pm.

## Mobile Clinic by CUPHD

Mobile programs and services are a wide variety of affordable programs offered by Champaign-Urbana Public Health District (CUPHD) to meet residents' health care needs. This mobile program will be offered **once every month on a Thursday from 2-4 pm** on the **South Laundry parking lot closest to the MCHC**. Please refer to Orchard Downs calendar for the clinic service schedule. Some of the services that will be offered include Illinois Diabetes Control Program, Illinois Breast and Cervical Cancer Programs, HIV and STD screening, smoking cessation information, disease management education, blood pressure checks, referrals into other programs, and Immunizations. For details, contact Lin Yang at [linyang3@uiuc.edu](mailto:linyang3@uiuc.edu).

## Women, Infants and Children (WIC)

This program will be offered **every other Friday afternoon from 1 to 4pm** at the **MultiCultural Health Center**. The next service will be provided on **Friday, December 14**. These services are provided for women, infants and children, and are offered by the Champaign Urbana Public Health District. Some of the services provided to WIC participants include supplemental nutritious foods, nutrition education and counseling, screening and referrals for other health services, welfare, and social services. For more information, contact Lin Yang at [linyang3@uiuc.edu](mailto:linyang3@uiuc.edu).

## Thursday Clinic Services

The Champaign County Christian Health Center (CCCHC) offers clinic services on the **second and fourth Thursday evenings of the month from 6 to 9pm**. The clinic will be staffed with a physician and/or a nurse practitioner. For more information, please contact Lin Yang at [linyang3@uiuc.edu](mailto:linyang3@uiuc.edu).

## NEIGHBORLY NEWS

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